Programme of Studies
2016-2017

Seminars / Lectures / Reading and Discussion Groups
The IGAP Programme of Studies is open to anyone interested in Jung's Psychology.

The courses offer in-depth study to people who have encountered Jungian ideas through personal analysis or reading. They may be of interest particularly to professionals working in education, medicine, various forms of psychotherapy, religion or social work.

Some of our courses meet the needs of Candidates and practising therapists. When case material is used in seminars confidentiality must be strictly observed.

Attendance at courses on this Programme does not constitute a training or lead to UKCP registration.

Unless otherwise stated courses are held at:
The Essex Church
112 Palace Gardens Terrace
London
W8 4RT

In some cases, expanded reading lists for the seminars are published on the website, or will be distributed on registration.

REGISTRATION
It is essential to book seminars in advance, preferably by the deadline for the term given on each page, but at the latest by the weekend before the seminar. Please contact the office to reserve a place. Fees are invoiced when a place is offered.

The Independent Group of Analytical Psychologists
P O Box 22343
London W13 8GP

Tel: 020 8933 0353
e-mail: office@igap.co.uk
Website: www.igap.co.uk

An excellent Introduction to the basic concepts of Jungian Psychology is run by the C.G. Jung Club in London. The majority of speakers are IGAP members. For further details of these seminars, visit their website www.jungclub-london.org.

AUTUMN TERM 2016
Final date for receipt of applications: 5 September 2016

1 ARCHETYPES AND COMPLEXES:
FROM JUNG TO THE PRESENT
Patricia Skar
Date Thursday 22 September
Time 7.30pm-9.30pm
Cost £35

2 FACING THE SHADOW DURING THE
INDIVIDUATION PROCESS IN ANALYSIS
Dr. Svetlana Zdravkovic
Date Friday 23 September, Saturday 24 September
Time Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm, 2pm-4pm
Cost £105

3 PSYCHOLOGICAL TYPES
Penny Boisset
Date Thursday 27 October
Time 7.30pm-9.30pm
Cost £35

4 READING SEMINAR: JUNG'S ZARATHUSTRA SEMINARS
Mariolina Graziosi
Date Friday 28 October, Saturday 29 October
Time Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm and 2pm-4pm
Cost £105

5 FAIRYTALES AND MYTHS IN OUR TIME
Francesca Ahmed
Date Thursday 24 November
Time 7.30pm-9.30pm
Cost £35

6 THE TRICKSTER FIGURE
Mark Saban
Date Friday 25 November, Saturday 26 November
Time Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm and 2pm-4pm
Cost £105

Registered Charity No 1029545
SPRING TERM 2017
Final date for receipt of applications: 6 January 2017

7 THE THIEF
Janet Atkins
Date  Thursday 26 January
Time  7.30pm-9.30pm
Cost  £35

8a WHY DO WE STUDY FAIRYTALES?
Jane Bacon, Sybil Fuller, Myfanwy Rees, Dr Brian Stevenson
Date  Friday 27 January
Time  Friday 7.30pm-9.30pm
Cost  £35

8b FAIRY TALE INTERPRETATION IN PRACTICE
Jane Bacon, Sybil Fuller, Myfanwy Rees, Dr Brian Stevenson
Date  Saturday 28 January
Time  10.30am-12.30pm and 2pm-4pm
Cost  £70

9 SHAMANIC THEMES AND INDIVIDUATION
Sarah Halford
Date  Thursday 23 February
Time  7.30pm-9.30pm
Cost  £35

10 THE COSMOGRAPHY OF MYSELF:
LANDSCAPES OF THE UNCONSCIOUS
Josephine Evetts-Secker
Date  Friday 24 February, Saturday 25 February
Time  Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm and 2pm-4pm
Cost  £105

11 APPROACHES TO THE SACRED:
NAVAHO SAND PAINTING
Sarah Halford
Date  Thursday 23 March
Time  7.30pm-9.30pm
Cost  £35

12 JUNG, THE RED BOOK, AND THE INNER JOURNEY:
FINDING MEANING IN PERSONAL SUFFERING
Gill Kind
Date  Friday 24 March, Saturday 25 March
     Friday 7.30pm-9.30pm
     Saturday 10.30am-12.30pm and 2pm-4pm
Cost  £105

SUMMER TERM 2017
Final date for receipt of applications: 7 April 2017

13 INTRODUCTION TO RESEARCH
Angela Cotter
Date  Thursday 20 April
Time  7.30pm-9.30pm
Cost  £35

14 ENCOUNTERING JUNG’S TYPOLOGY THROUGH
THE RED BOOK, LECTURE I
Liber Primus: ‘Introverted Thinking’ and ‘Extroverted Feeling’
Diane Zervas Hirst
Date  Friday 21 April, Saturday 22 April
Time  Friday 7.30pm-9.30pm
     Saturday 10.30am-12.30pm and 2pm-4pm
Cost  £105

15 REFLECTING MIRRORS: IDEAS OF PERSONAL AND
ARCHETYPAL GENDER
Jules Cashford
Date  Thursday 18 May
Time  7.30pm-9.30pm
Cost  £35

16a ALCHEMY: THE EMERGENCE OF GOLD IN
ALCHEMY AND ANALYSIS
Eva Chadwick
Date  Friday 19 May
Time  7.30pm-9.30pm
Cost  £35

16b ALCHEMY: THE CALL TO QUEST
Edna Shahaf
Date  Saturday 20 May
Time  10.30am-12.30pm and 2pm-4pm
Cost  £70

17 THE HISTORY OF NEUROSIS
Dr Gloria Pepe
Date  Thursday 22 June
Time  7.30pm-9.30pm
Cost  £35

Continued on next page
I8 THE MANEATER – SOURCE OF THE MASCUULINE
Jim Fitzgerald
Date  Friday 23 June
Time  7.30pm-9.30pm
Cost  £35

I9 NARCISSUS AND NARCISSISM
Frances Milne
Date  Saturday 24 June
Time  10.30am-12.30pm and 2pm-4pm
Cost  £70

CLOSED SEMINARS – FOR IGAP CANDIDATES ONLY
Further information and venues are provided on registration.

A  ONGOING AND SPECIALISED CASE COLLOQUIA
Details available from the office

B  RESIDENTIAL COURSE AT HAWKWOOD FOR CANDIDATES AND ANALYSTS
Please see website for theme
Thursday 1, Friday 2, Saturday 3 and Sunday 4 June 2017
Dr Brian Stevenson and Tia Kuchmy

C  WEEKEND SEMINARS are followed by closed seminars on Sunday mornings from 10 to 12 noon. These are a requirement for Candidates and Preliminary Candidates to give them the opportunity to discuss with IGAP analysts some of the key aspects of theory as it relates to psychotherapeutic practice, and as such are different from the rest of the Studies Programme. The six topics, which will be covered in a two-year rolling programme, with three sessions under each topic, are:
1 Starting and running a Practice
2 Archetypal dimensions in analysis
3 Psychopathology and its relations
4 Culture and Diversity
5 Individuation in Process
6 Projection, Self and Other

C1 THE PROCESS OF INDIVIDUATION IN CONNECTION WITH THE SHADOW COMPLEX
(Topic: Archetypal dimensions in analysis)
Sunday 25 September
Svetlana Zdravkovic

C2 JUNG’S ZARATHUSTRA SEMINARS
(Topic: Projection, Self and Other)
Sunday 30 October
Mariolina Graziosi

C3 ON THE PSYCHOLOGY OF THE TRICKSTER FIGURE
(Topic: Archetypal Dimensions in Analysis)
Sunday 27 November
Mark Saban

C4 EXPERIENCES STRANGE AND FAMILIAR
(Topic: Culture and Diversity)
Sunday 29 January
Ann Shearer

C5 THE COSMOGRAPHY OF MYSELF
(Topic: Archetypal Dimensions in Analysis)
Sunday 26 February
Josephine Evetts-Secker

C6 JUNG, THE RED BOOK, AND THE INNER JOURNEY: FINDING MEANING IN PERSONAL SUFFERING
(Topic: Psychopathology and its Relations)
Sunday 26 March
Gill Kind

C7 ENCOUNTERING JUNG’S TYPOLOGY THROUGH THE RED BOOK, LECTURE 1 – Liber Primus: ‘Introverted Thinking’ and ‘Extroverted Feeling’
(Topic: Culture and Diversity)
Sunday 23 April
Diane Zervas Hirst

C8 ALCHEMY AND ANALYSIS
(Topic: Projection, Self and Others)
Sunday 21 May
Edna Shahaf

C9 KEEPING GOING
(Topic: Starting and Running a Practice)
Sunday 25 June
Ann Shearer
**SYNOPSIS**

**PLEASE SEE THE WEBSITE FOR ADDITIONAL READING**

1  **Archetypes and Complexes: From Jung to the Present**

*Subjects covered:* Fundamentals; History of Neurosis; Individuation; Developmental Models; Post Jungian Theory and Practice

There has always been confusion and disagreement about the nature of the terms archetype and complex in Jungian circles, not to mention non-Jungian ones. A recent concern is whether Jung’s concept of the archetype and complex can be justified in terms of current scientific research, most notably that of neurophysiologists and others interested in the brain and consciousness. This lecture will review the evolution of Jungian thought about archetypes and complexes and examine the latest developments in the field, including the idea of the archetype as an emergent property of the activity of the brain/mind.

*Reading:*


2  **Facing the Shadow during the Individuation Process in Analysis**

*Subjects covered:* Individuation, Psychopathology, Fundamentals, Post Jungian Theory and Practice, Culture and Diversity

The presenter will discuss the Jungian notion of Shadow – both as the individual and as the collective image. Theoretical parts of the presentation will be interwoven with much clinical material from the lecturer’s practice. In addition, some cultural amplifications will be made. The connection will be made to images of the Shadow in literature and other art modalities. During the workshop, students will have the opportunity to explore, through active imagination, their own relationship with the Shadow complex. The participants will be working with clay and other creatively expressive media.

*Reading:*


3  **Psychological Types**

*Subjects covered:* Fundamentals, Individuation

The concept of psychological types is one of the most widely known aspects of Jung's work. Jung proposed four functions of consciousness, which Hillman called “four modes of organizing and suffering life”. Von Franz said that an understanding of typology is a form of diplomacy. This seminar will explore the significance of typology, and especially the role of the inferior function, in analytic work and everyday life.

*Reading:*


4  **Reading Seminar: Jung’s Zarathustra Seminars**

*Subjects Covered:* Individuation, Cultural Aspects of Analytical Psychology

In 1934, Jung began his weekly seminars on Nietzsche's *Thus Spoke Zarathustra*, only stopping them in 1939, with the onset of the Second World War. This reading seminar will use the abridged version of the transcriptions from the Zarathustra seminars and will address a series of questions which are fundamental to depth psychology: the relationship between the personality of an author and his work; the connection between individual consciousness and the collective unconscious; the connection of collective consciousness to history, and how the process of individuation is related to Nietzsche’s idea of becoming oneself.

*Reading:*


5  **Fairy Tales and Myths in Our Time**

*Subjects Covered:* Fairy Tale and Myth, Fundamentals: Archetypes

The aim of the seminar is to explore the way in which myths and fairy tales are the direct expression of the collective unconscious. The archetypal dimension of myths and fairy tales offer a clear understanding of the basic patterns of the human psyche, making them relevant for us today in our everyday life, inside and outside the consulting room.

*Reading:*


6  **The Trickster Figure**

*Subjects covered:* Fairy tale and myth, Alchemy, Cultural aspects of Analytical Psychology, Transference and Countertransference

These seminars will start by tackling Jung’s 1953-4 text, *The Psychology of the Trickster Figure*, and then move on to a wider engagement with trickster motifs in Jung’s life and psychology, with special reference to the figure of Hermes/Mercurius. This will lead to a discussion of trickster phenomena in clinical work.

*Reading:*

Jung, C. G., *Collected Works*, Vol. 9i ‘The Psychology of the Trickster Figure’ §§456-488  
The Homeric Hymn to Hermes (there are numerous translations – any will do)
7 The Thief
Subjects covered: Mythology and Fairy Tales, Alchemy, Fundamentals
The image of the thief appears frequently in dreams. In Vol 14 Jung speaks of the ‘vile’ thief but in myths and stories, to which he also refers, it is clear that the thief is not always vile. Sometimes the act of stealing or being stolen from is the beginning of new insight and awareness. This seminar will explore different aspects of the thief through dreams, mythology and stories.
Reading:

8a Why do we Study Fairy Tales?
Subjects covered: Fairy Tales
Fairy tales help us to understand psyche. In this seminar we explore Classical Jungian as well as several other approaches to the understanding of fairy tales.
Reading:
Jung, C.G., Collected Works, Vol. 9: The Phenomenology of the Spirit in Fairy Tales, §§384-455

8b Fairy Tale Interpretation in Practice
Subjects Covered: Fairy Tales, Fundamentals: Archetypes, Individuation, Psychopathology
In this practical seminar a Fairy Tale study group established (2007) by IGAP members will demonstrate their working method, described as follows:
‘We read the tale aloud then wait to see what happens. Thoughts, associations, intuitions, emotions, sensations, and memories are shared. One observation sparks others and gradually, from this interactive group reflection, an archetypal psychological situation emerges, illuminating the workings of psyche and enriching clinical work.’
Following the demonstration you will be invited to work similarly in small facilitated groups. The tale for the ‘blind’ demonstration will be chosen by the Studies Coordinator and not revealed to the group before the seminar. Please send suggested titles to the office. More details can be found on the website.
Reading:

9 Shamanic Themes and Individuation
Subjects covered: Fairy tale and Myth, Dreams, Psychology and Religion, Individuation, Anthropology, Cultural Aspects of Analytical Psychology
This talk will explore dreams and symptoms arising during the process of analysis, and the accounts given by initiates from several shamanic traditions.
Reading:

10 The Cosmography of Myself: Landscapes of the Unconscious
Subjects covered: Fairy Tale and Myth, Individuation, Cultural Aspects of Analytical Psychology, Dreams
Through dream, myth, fairy tale, painting and poetry we will explore experiences of personal inner geographies as well as collective, cultural ones. Each of us carries an individual atlas containing unique inner territories where complexes reside or visit.
Reading:
Ovid, Metamorphoses, any translation
Grimm Brothers, Household Tales, any edition
Homer, The Homeric Hymns, any translation
Extra reading will be suggested as we travel

11 Approaches to the Sacred: Navaho Sand Painting
This talk will explore the archetypal religious impulse as it becomes manifest through myths and images surrounding the ancient tradition of Navaho sand painting.
Reading:

Subjects covered: Individuation, Psychology and Religion, Cultural Aspects of Analytical Psychology and Psychopathology
This will be a lecture/seminar weekend on the contribution C G Jung has made to the understanding of personal suffering, including reading and discussion of some of the passages in The Red Book which refer to his relationship with the Christian God image and how we may need to relate to it in the future. In the context of a clinical setting, it will include a look at the connection to shadow/Shadow, individual responsibility, individuation and the current spiritual and psychological crises, including the relevance of the hero and the heroic attitude.
Reading:
13 Introduction to Research

Subjects Covered: Why is research important for Jungian analysts? The historical and current context. The outcomes/process debate. Quantitative and qualitative research. Research in the psychotherapy field. The turn towards narrative reflexive research and practice-based research. The wounded researcher.

The aim of this session is to develop awareness of the debate about research in psychotherapy, the methodologies employed in conducting such research and its relevance to clinical practice. The evidence-based debate is critiqued and newer approaches are highlighted with examples. The talk includes both specific reference to the relevance of research for Jungian analysts and also wider examples from the field.

Reading:


Subjects Covered: Fundamentals, Typology

This seminar will focus on Jung’s ideas about typology as they emerged during his break with Freud in 1913 and were expressed in the text and illustrations for Liber Primus of The Red Book, created between the autum of 1913 and the end of December 1915 and amplified during his exchange of letters with Hans Schmid-Guisan in the autumn of 1915.

Reading:

15 Reflecting Mirrors: Ideas of Personal and Archetypal Gender

Subjects Covered: Fairy Tale and Myth, Psychology and Religion

It will be suggested that the complexities surrounding the distinction between sex and gender lead into a wider discussion of the often less than fully conscious ideas about the relation between nature and culture, which in turn draw upon the different ways in which the universe is imagined. This is further complicated by the language of ‘archetypal masculine and feminine.’ We will explore whether images of what is ‘male’ and ‘female’ in any particular culture may be projected onto the archetypal world, such that the ‘archetypal’ may be thought to mirror the personal, which is thereby falsely augmented by considering itself archetypal.

Reading:
Jung, C.G., Collected Works Vol. 9ii, Aion

16a Alchemy: The Emergence of Gold in Alchemy and Analysis

Subjects Covered: Alchemy, Individuation

As Jung says in Alchemical Studies, Vol 13, Paragraph 90 “…the symbolism of alchemy has a great deal to do with the structure of the unconscious, as I have shown in my book Psychology and Alchemy… the dreams of modern men and women often contain the very images and metaphors that we find in the medieval treatises.” The presenter will talk about the operations of the alchemical opus and its correspondence with the stages of an analysis. The aim of the seminar is to demonstrate that from the beginning of the individuation process the images and operations of the alchemical opus are synchronous with it, leading towards the gold – the aurum non vulgi – of the alchemists, and the attainment of the Self.

Reading:
Jung, C.G., Collected Works Vol. 12, Part II: Individual Dream Symbolism in Relation to Alchemy
Jung, C.G., Collected Works Vol. 13, Part II: The Visions of Zosimos

16b Alchemy: The Call to Quest

Subjects Covered: Alchemy, Religion, Individuation, Fundamentals, Cultural Aspects of Analytical Psychology

One of the keys to Hermetic Kabbalah is the diagram named the Tree of Life. This archetypal scheme, with its unique language and wealth of symbols, can give us an objective basis from which to approach some basic alchemical images and texts about the perils, obstacles and good fortune of the call to quest, and to see how they correspond to the experience of psychotherapy. In the afternoon, speakers from both alchemy seminars will lead a discussion seminar on the material presented.

Reading:
17 The History of Neurosis

Subjects Covered: History of Neurosis

The seminar will attempt to examine how in the West, following the rise of the 'scientific method', medicine gave birth to the concept of neurosis as a diagnostic category and how the concept moved from general medicine towards psychiatry. Then, how, on the margin of psychiatry, the concept of neurosis led eventually to the definition of the 'unconscious', and finally, beyond psychiatry, and beyond medicine altogether, how, through such a concept, Jung led the way to the field of 'analytical psychology'.

Reading:

18 The Maneater – Source of the Masculine

Subjects covered: Psychopathology, Fairy Tale and Myth, Dreams

In his momentous, frightening dream as a three-year old, Jung heard his mother’s voice, explaining that the giant underground enthroned phallus that terrified him was ‘the Maneater’. Her words later puzzled Jung. That they came, not from his personal mother, but from the Great Mother, he does not suggest. However, it seems clear that in many myths and stories, the essence of masculinity requires an encounter with a devouring father-figure. This talk will explore some of this material, and draw conclusions about the sources of the masculine spirit.

Reading:

19 Narcissus and Narcissism


From Freud’s essay On Narcissism: An Introduction (1914) to today’s plethora of books and articles (The Narcissistic Family, The ‘Me, Me, Me’ Epidemic) on the subject, there has been no shortage of studies of narcissism, both in individuals and in society at large. In this seminar we shall be exploring the phenomenon of self-absorption, which was first described in the ancient myth told by Ovid in his Metamorphoses. In this tale of the beautiful youth Narcissus, gazing at his image in a pool of water, we find material which is echoed today in the world-wide fascination of the selfie and other forms of social media.

Reading:

BIOGRAPHIES

All speakers are members of IGAP unless introduced below:


Angela Cotter is a Jungian analyst (GAP) with a background in nursing. Since her doctorate in 1990, on the wounded healer in nursing, she has been involved in research. This spans leading on a Department of Health funded action research multi-sector project about older peoples’ experience of the transition from acute care to the community to collaborative research about the use of creative arts to enhance communication between professionals and people with dementia. She is currently Head of Research at the Minster Centre and a Visiting Lecturer at Regent’s University.
MEMBERS
Francesca Ahmed
Michael Anderton
Janet Atkins
Jane Bacon PhD
Ean Begg
David Blass PhD
Penny Boisset
Cristina Boserman
Helen Brammer-Savlov
Catherine Bygott
Philippa Campbell
Aileen Campbell Nye
Maureen Cantwell
Olivia del Castillo
Eva Chadwick
Irene Cioffi Whitfield PhD
Giles Clark
David Clemens
Lynn Cook
John Costello
Johanna David
Julian David
Joyce Davis
Helen Drucquer
Dr. Alex Esterhuyzen
Josephine Evetts-Secker
Jim Fitzgerald
David Freeman
Helen Freeman
Linda Freeman
Sybil Fuller
Robby Ginsborg
Elizabeth Gordon
John Granrose PhD
Mariolina Graziosi
Sarah Halford
Matthew Harwood LLB
Diane Zervas Hirst PhD
Hans van den Hooff PhD
Eve Jackson
Gill Kind
Tia Kuchmy
Pedro Kujawski
Jacqueline Lane
Richard Lanham
Shelagh Layet
Robert Macdonald
Juliet Miller
Frances Milne
Bracha Newman
Penny Norris PhD
Ailish O’Driscoll
Prof. Renos Papadopoulos
Gloria Pepe
ffiona von Westhoven Perigrinor
Dariane Pictet
Myfanwy Rees
Carmen Reynal
Oonagh O’Connell Ribet
Mark Saban
Laurie Savlov
Kinko Sayama
Chuck Schwartz
Edna Shahaf
Ann Shearer
Patricia Skar
Maggie Stanway
Dr. Anthony Stevens DM, DPM
Dr. Brian Stevenson
Dr. Peter Tatham MB BCh
Lorraine Walker
Dr. Lesley Wardill
Hildegard Weinrich PhD
Michael Whan
Svetlana Zdravkovic PhD

THE INDEPENDENT GROUP OF ANALYTICAL PSYCHOLOGISTS