



igap

The Independent
Group of Analytical
Psychologists

Programme
of Studies
2016-2017

Seminars / Lectures / Reading
and Discussion Groups

The IGAP Programme of Studies is open to anyone interested in Jung's Psychology.

The courses offer in-depth study to people who have encountered Jungian ideas through personal analysis or reading. They may be of interest particularly to professionals working in education, medicine, various forms of psychotherapy, religion or social work.

Some of our courses meet the needs of Candidates and practising therapists. When case material is used in seminars confidentiality must be strictly observed.

Attendance at courses on this Programme does not constitute a training or lead to UKCP registration.

Unless otherwise stated courses are held at:

The Essex Church
112 Palace Gardens Terrace
London
W8 4RT

In some cases, expanded reading lists for the seminars are published on the website, or will be distributed on registration.

REGISTRATION

It is essential to book seminars in advance, preferably by the deadline for the term given on each page, **but at the latest by the weekend before the seminar**. Please contact the office to reserve a place. Fees are invoiced when a place is offered.

The Independent Group of Analytical Psychologists
P O Box 22343
London W13 8GP

Tel: 020 8933 0353
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Website: www.igap.co.uk

An excellent Introduction to the basic concepts of Jungian Psychology is run by the C.G. Jung Club in London. The majority of speakers are IGAP members. For further details of these seminars, visit their website www.jungclub-london.org.

AUTUMN TERM 2016

Final date for receipt of applications: 5 September 2016

1 ARCHETYPES AND COMPLEXES: FROM JUNG TO THE PRESENT

Patricia Skar

Date Thursday 22 September

Time 7.30pm-9.30pm

Cost £35

2 FACING THE SHADOW DURING THE INDIVIDUATION PROCESS IN ANALYSIS

Dr. Svetlana Zdravkovic

Date Friday 23 September, Saturday 24 September

Time Friday 7.30pm-9.30pm

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

3 PSYCHOLOGICAL TYPES

Penny Boisset

Date Thursday 27 October

Time 7.30pm-9.30pm

Cost £35

4 READING SEMINAR: JUNG'S ZARATHUSTRA SEMINARS

Mariolina Graziosi

Date Friday 28 October, Saturday 29 October

Time Friday 7.30pm-9.30pm

Saturday 10.30am-12.30pm and 2pm-4pm

Cost £105

5 FAIRYTALES AND MYTHS IN OUR TIME

Francesca Ahmed

Date Thursday 24 November

Time 7.30pm-9.30pm

Cost £35

6 THE TRICKSTER FIGURE

Mark Saban

Date Friday 25 November, Saturday 26 November

Time Friday 7.30pm-9.30pm

Saturday 10.30am-12.30pm and 2pm-4pm

Cost £105

SPRING TERM 2017

Final date for receipt of applications: 6 January 2017

7 THE THIEF

Janet Atkins

Date Thursday 26 January
Time 7.30pm-9.30pm
Cost £35

8a WHY DO WE STUDY FAIRYTALES?

Jane Bacon, Sybil Fuller, Myfanwy Rees, Dr Brian Stevenson

Date Friday 27 January
Time Friday 7.30pm-9.30pm
Cost £35

8b FAIRY TALE INTERPRETATION IN PRACTICE

Jane Bacon, Sybil Fuller, Myfanwy Rees, Dr Brian Stevenson

Date Saturday 28 January
Time 10.30am-12.30pm and 2pm-4pm
Cost £70

9 SHAMANIC THEMES AND INDIVIDUATION

Sarah Halford

Date Thursday 23 February
Time 7.30pm-9.30pm
Cost £35

10 THE COSMOGRAPHY OF MYSELF: LANDSCAPES OF THE UNCONSCIOUS

Josephine Evetts-Secker

Date Friday 24 February, Saturday 25 February
Time Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm and 2pm-4pm
Cost £105

11 APPROACHES TO THE SACRED: NAVAHO SAND PAINTING

Sarah Halford

Date Thursday 23 March
Time 7.30pm-9.30pm
Cost £35

12 JUNG, THE RED BOOK, AND THE INNER JOURNEY: FINDING MEANING IN PERSONAL SUFFERING

Gill Kind

Date Friday 24 March, Saturday 25 March
Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm and 2pm-4pm
Cost £105

SUMMER TERM 2017

Final date for receipt of applications: 7 April 2017

13 INTRODUCTION TO RESEARCH

Angela Cotter

Date Thursday 20 April
Time 7.30pm-9.30pm
Cost £35

14 ENCOUNTERING JUNG'S TYPOLOGY THROUGH THE RED BOOK, LECTURE I

Liber Primus: 'Introverted Thinking' and 'Extroverted Feeling'

Diane Zervas Hirst

Date Friday 21 April, Saturday 22 April
Time Friday 7.30pm-9.30pm
Saturday 10.30am-12.30pm and 2pm-4pm
Cost £105

15 REFLECTING MIRRORS: IDEAS OF PERSONAL AND ARCHETYPAL GENDER

Jules Cashford

Date Thursday 18 May
Time 7.30pm-9.30pm
Cost £35

16a ALCHEMY: THE EMERGENCE OF GOLD IN ALCHEMY AND ANALYSIS

Eva Chadwick

Date Friday 19 May
Time 7.30pm-9.30pm
Cost £35

16b ALCHEMY: THE CALL TO QUEST

Edna Shahaf

Date Saturday 20 May
Time 10.30am-12.30pm and 2pm-4pm
Cost £70

17 THE HISTORY OF NEUROSIS

Dr Gloria Pepe

Date Thursday 22 June
Time 7.30pm-9.30pm
Cost £35

Continued on next page

18 THE MANEATER – SOURCE OF THE MASCULINE

Jim Fitzgerald

Date Friday 23 June
Time 7.30pm-9.30pm
Cost £35

19 NARCISSUS AND NARCISSISM

Frances Milne

Date Saturday 24 June
Time 10.30am-12.30pm and 2pm-4pm
Cost £70

CLOSED SEMINARS – FOR IGAP CANDIDATES ONLY

Further information and venues are provided on registration.

A ONGOING AND SPECIALISED CASE COLLOQUIA

Details available from the office

B RESIDENTIAL COURSE AT HAWKWOOD FOR CANDIDATES AND ANALYSTS

Please see website for theme
Thursday 1, Friday 2, Saturday 3 and Sunday 4 June 2017
Dr Brian Stevenson and Tia Kuchmy

C WEEKEND SEMINARS are followed by closed seminars on Sunday mornings from 10 to 12 noon. These are a requirement for Candidates and Preliminary Candidates to give them the opportunity to discuss with IGAP analysts some of the key aspects of theory as it relates to psychotherapeutic practice, and as such are different from the rest of the Studies Programme. The six topics, which will be covered in a two-year rolling programme, with three sessions under each topic, are:

- 1 Starting and running a Practice
- 2 Archetypal dimensions in analysis
- 3 Psychopathology and its relations
- 4 Culture and Diversity
- 5 Individuation in Process
- 6 Projection, Self and Other

C1 THE PROCESS OF INDIVIDUATION IN CONNECTION WITH THE SHADOW COMPLEX

(Topic: Archetypal dimensions in analysis)
Sunday 25 September
Svetlana Zdravkovic

C2 JUNG'S ZARATHUSTRA SEMINARS

(Topic: Projection, Self and Other)
Sunday 30 October
Mariolina Graziosi

C3 ON THE PSYCHOLOGY OF THE TRICKSTER FIGURE

(Topic: Archetypal Dimensions in Analysis)
Sunday 27 November
Mark Saban

C4 EXPERIENCES STRANGE AND FAMILIAR

(Topic: Culture and Diversity)
Sunday 29 January
Ann Shearer

C5 THE COSMOGRAPHY OF MYSELF

(Topic: Archetypal Dimensions in Analysis)
Sunday 26 February
Josephine Evetts-Secker

C6 JUNG, THE RED BOOK, AND THE INNER JOURNEY: FINDING MEANING IN PERSONAL SUFFERING

(Topic: Psychopathology and its Relations)
Sunday 26 March
Gill Kind

C7 ENCOUNTERING JUNG'S TYPOLOGY THROUGH THE RED BOOK, LECTURE I – Liber Primus:

'Introverted Thinking' and 'Extroverted Feeling'
(Topic: Culture and Diversity)
Sunday 23 April
Diane Zervas Hirst

C8 ALCHEMY AND ANALYSIS

(Topic: Projection, Self and Others)
Sunday 21 May
Edna Shahaf

C9 KEEPING GOING

(Topic: Starting and Running a Practice)
Sunday 25 June
Ann Shearer

SYNOPSIS

PLEASE SEE THE WEBSITE FOR ADDITIONAL READING

1 Archetypes and Complexes: From Jung to the Present

Subjects covered: Fundamentals; History of Neurosis; Individuation; Developmental Models; Post Jungian Theory and Practice

There has always been confusion and disagreement about the nature of the terms *archetype* and *complex* in Jungian circles, not to mention non-Jungian ones. A recent concern is whether Jung's concept of the archetype and complex can be justified in terms of current scientific research, most notably that of neurophysiologists and others interested in the brain and consciousness. This lecture will review the evolution of Jungian thought about archetypes and complexes and examine the latest developments in the field, including the idea of the archetype as an emergent property of the activity of the brain/mind.

Reading:

Jung, C.G., *Collected Works*, Vol. 8, *On the Nature of the Psyche*, §§397-420
Knox, J., *Archetype, Attachment, Analysis*, Hove & New York: Brunner-Routledge (2003), Chapters 1-3
Saunders, P.T. and Skar, P., 'Archetypes, complexes and self-organization', *Journal of Analytical Psychology*, 46 (2001), pp. 305-323
Skar, P., 'Chaos and self-organization: emergent patterns at critical life transitions', *Journal of Analytical Psychology*, 49 (2004), pp. 243-262

2 Facing the Shadow during the Individuation Process in Analysis

Subjects covered: Individuation, Psychopathology, Fundamentals, Post Jungian Theory and Practice, Culture and Diversity

The presenter will discuss the Jungian notion of Shadow – both as the individual and as the collective image. Theoretical parts of the presentation will be interwoven with much clinical material from the lecturer's practice. In addition, some cultural amplifications will be made. The connection will be made to images of the Shadow in literature and other art modalities. During the workshop, students will have the opportunity to explore, through active imagination, their own relationship with the Shadow complex. The participants will be working with clay and other creatively expressive media.

Reading:

Jung, C.G., *Collected Works*, Vol. 9ii, *The Shadow*, §§13-19
Papadopoulos, R., (ed.), 'The Shadow' in *The Handbook of Jungian Psychology*, London and New York: Routledge (2006), pp. 94-113.
Zweig, C., Wolf, S., *Romancing the Shadow*, New York: The Random House Publishing Group (1997)

3 Psychological Types

Subjects covered: Fundamentals, Individuation

The concept of psychological types is one of the most widely known aspects of Jung's work. Jung proposed four functions of consciousness, which Hillman called "four modes of organizing and suffering life". Von Franz said that an understanding of typology is a form of diplomacy. This seminar will explore the significance of typology, and especially the role of the inferior function, in analytic work and everyday life.

Reading:

Jung, C.G., *Collected Works*, Vol. 6: *Psychological Types*, §§556-671, §§883-959
Von Franz, M-L & Hillman, J., *Lectures on Jung's Typology*, Putnam, Connecticut: Spring Publications (1986)

4 Reading Seminar: Jung's Zarathustra Seminars

Subjects Covered: Individuation, Cultural Aspects of Analytical Psychology

In 1934, Jung began his weekly seminars on Nietzsche's *Thus Spake Zarathustra*, only stopping them in 1939, with the onset of the Second World War. This reading seminar will use the abridged version of the transcriptions from the Zarathustra seminars and will address a series of questions which are fundamental to depth psychology: the relationship between the personality of an author and his work; the connection between individual consciousness and the collective unconscious; the connection of collective consciousness to history, and how the process of individuation is related to Nietzsche's idea of becoming oneself.

Reading:

Jung, C.G., *Jung's Seminar on Nietzsche's 'Zarathustra'*, Abridged edition by James Jarrett, Bollingen Series XCIX, Princeton, New Jersey: Princeton University Press (1997)
Nietzsche, F., *Thus Spake Zarathustra*, Penguin Classics, London (1972)

5 Fairy Tales and Myths in Our Time

Subjects Covered: Fairy Tale and Myth, Fundamentals: Archetypes

The aim of the seminar is to explore the way in which myths and fairy tales are the direct expression of the collective unconscious. The archetypal dimension of myths and fairy tales offer a clear understanding of the basic patterns of the human psyche, making them relevant for us today in our everyday life, inside and outside the consulting room.

Reading:

Von Franz, M.L., *The Interpretation of Fairy Tales*, Boston: Shambhala (1996)
Von Franz, M.L., *Archetypal Patterns in Fairy Tales*, Toronto: Inner City Books (1997)

6 The Trickster Figure

Subjects covered: Fairy tale and myth, Alchemy, Cultural aspects of Analytical Psychology, Transference and Countertransference

These seminars will start by tackling Jung's 1953-4 text, *The Psychology of the Trickster Figure*, and then move on to a wider engagement with trickster motifs in Jung's life and psychology, with special reference to the figure of Hermes/Mercurius. This will lead to a discussion of trickster phenomena in clinical work.

Reading:

Jung, C. G., *Collected Works*, Vol. 9i 'The Psychology of the Trickster Figure' §§456-488
The Homeric Hymn to Hermes (there are numerous translations – any will do)

7 The Thief

Subjects covered: Mythology and Fairy Tales, Alchemy, Fundamentals

The image of the thief appears frequently in dreams. In Vol 14 Jung speaks of the 'vile' thief but in myths and stories, to which he also refers, it is clear that the thief is not always vile. Sometimes the act of stealing or being stolen from is the beginning of new insight and awareness. This seminar will explore different aspects of the thief through dreams, mythology and stories.

Reading:

Jung C.G., *Collected Works*, Vol. 14, *The Personification of the Opposites* §§189-213
The Homeric Hymns: The Hymn to Hermes, ed. M.L. West, Harvard USA: Harvard University Press, Loeb Edition (2003)
Or *The Homeric Hymns: The Hymn to Hermes*, translation by Jules Cashford, London: Penguin Books (2003)
Jung, E., *Animus and Anima*, Chapter 1: *On the Nature of the Animus*, Washington USA: Spring Publications (1998)

8a Why do we Study Fairy Tales?

Subjects covered: Fairy Tales

Fairy tales help us to understand psyche. In this seminar we explore Classical Jungian as well as several other approaches to the understanding of fairy tales.

Reading:

Jung, C.G., *Collected Works*, Vol. 9i *The Phenomenology of the Spirit in Fairy Tales*, §§384-455
Von Franz, M-L., *Shadow and Evil in Fairy Tales*, Dallas, Texas: Spring Publications, Inc. (1974)

8b Fairy Tale Interpretation in Practice

Subjects covered: Fairy Tales, Fundamentals: Archetypes, Individuation, Psychopathology

In this practical seminar a Fairy Tale study group established (2007) by IGAP members will demonstrate their working method, described as follows:

'We read the tale aloud then wait to see what happens. Thoughts, associations, intuitions, emotions, sensations, and memories are shared. One observation sparks others and gradually, from this interactive group reflection, an archetypal psychological situation emerges, illuminating the workings of psyche and enriching clinical work.'

Following the demonstration you will be invited to work similarly in small facilitated groups. The tale for the 'blind' demonstration will be chosen by the Studies Coordinator and not revealed to the group before the seminar. Please send suggested titles to the office. More details can be found on the website.

Reading:

Zipes, J., *The Original Folk and Fairy Tales of the Brothers Grimm*, Woodstock, England: Princeton University Press (2015). Please bring a copy of Grimm's *Fairy Tales* to the seminar, preferably Zipes, otherwise whatever you use.

9 Shamanic Themes and Individuation

Subjects covered: Fairy tale and Myth, Dreams, Psychology and Religion, Individuation, Anthropology, Cultural Aspects of Analytical Psychology

This talk will explore dreams and symptoms arising during the process of analysis, and the accounts given by initiates from several shamanic traditions.

Reading:

Eliade, M., *Shamanism: Archaic Techniques of Ecstasy*, Princeton: Princeton University Press (1964)
Halifax, J., *Shamanic Voices: A Survey of Visionary Narratives*, New York: Penguin (1979)
Jung, C.G., *Red Book*, New York: W.W. Norton (2009)

10 The Cosmography of Myself: Landscapes of the Unconscious

Subjects covered: Fairy Tale and Myth, Individuation, Cultural Aspects of Analytical Psychology, Dreams

Through dream, myth, fairy tale, painting and poetry we will explore experiences of personal inner geographies as well as collective, cultural ones. Each of us carries an individual atlas containing unique inner territories where complexes reside or visit.

Reading:

Ovid, *Metamorphoses*, any translation
Grimm Brothers, *Household Tales*, any edition
Homer, *The Homeric Hymns*, any translation
Extra reading will be suggested as we travel

11 Approaches to the Sacred: Navaho Sand Painting

Subjects covered: Fairy Tale and Myth, Fundamentals, Psychology and Religion, Individuation, Cultural Aspects of Analytical Psychology, Transference and Countertransference.

This talk will explore the archetypal religious impulse as it becomes manifest through myths and images surrounding the ancient tradition of Navaho sand painting.

Reading:

Sandner, D., *Navaho Symbols of Healing: A Jungian Exploration of Ritual, Image and Medicine*, Rochester, VT USA: Healing Arts Press (1991)
Silko, L. Marmon, *Ceremony*, London: Penguin Books (1977)

12 Jung, The Red Book, and the Inner Journey: Finding Meaning in Personal Suffering

Subjects covered: Individuation, Psychology and Religion, Cultural Aspects of Analytical Psychology and Psychopathology

This will be a lecture/seminar weekend on the contribution C G Jung has made to the understanding of personal suffering, including reading and discussion of some of the passages in *The Red Book* which refer to his relationship with the Christian God image and how we may need to relate to it in the future. In the context of a clinical setting, it will include a look at the connection to shadow/Shadow, individual responsibility, individuation and the current spiritual and psychological crises, including the relevance of the hero and the heroic attitude.

Reading:

Jung, C.G., *The Red Book, Liber Novus*, ed. S. Shamdasani, New York and London: W.W. Norton (2009)
Jung, C.G., *Memories Dreams Reflections*, Glasgow: Fontana Press (1993)
Edinger, E. F., *The New God Image*, Ashville, USA: Chiron Publications (1996)
Corbett, L., *The Sacred Cauldron*, Ashville, USA: Chiron Publications (2011)

13 Introduction to Research

Subjects Covered: Why is research important for Jungian analysts? The historical and current context. The outcomes/process debate. Quantitative and qualitative research. Research in the psychotherapy field. The turn towards narrative reflexive research and practice-based research. The wounded researcher.

The aim of this session is to develop awareness of the debate about research in psychotherapy, the methodologies employed in conducting such research and its relevance to clinical practice. The evidence-based debate is critiqued and newer approaches are highlighted with examples. The talk includes both specific reference to the relevance of research for Jungian analysts and also wider examples from the field.

Reading:

Cooper M., *Essential Research Findings in Counselling and Psychotherapy: The facts are friendly*, London: Sage (2008)

McLeod J., *Doing Research in Counselling and Psychotherapy*, London: Sage (2015)

Romanyshyn R.D., *The Wounded Researcher: research with soul in mind*, New Orleans: Spring (2007)

14 Encountering Jung's Typology Through The Red Book. Lecture I – Liber Primus: 'Introverted Thinking' and 'Extroverted Feeling'

Subjects Covered: Fundamentals, Typology

This seminar will focus on Jung's ideas about typology as they emerged during his break with Freud in 1913 and were expressed in the text and illustrations for *Liber Primus of The Red Book*, created between the autumn of 1913 and the end of December 1915 and amplified during his exchange of letters with Hans Schmid-Guisan in the autumn of 1915.

Reading:

Jung, C.G., 'A Contribution to the Study of Psychological Types', in *Collected Papers on Analytical Psychology* ed. C. Long, Baillière, Tindall and Cox, London (1916, 2nd ed. 1917), pp. 287-298. PDF copy to be distributed to students before the talk.

Jung, C.G., *The Red Book, Liber Novus*, ed. S. Shamdasani, New York and London: W.W. Norton (2009), pp. 229-255 (includes Jung's illustrations)

Jung, C.G., *The Red Book, Liber Novus*, A Reader's Edition, ed. S. Shamdasani, New York and London: W.W. Norton (2009), pp. 117-207 (not illustrated)

Jung C.G. and Schmid-Guisan Hans, *The Question of Psychological Types 1915-1916*, correspondence edited by J. Beebe and E.Falzedder, trans. Ernst Falzedder, Tony Woolfson, Princeton and Oxford: Princeton University Press (2013)

15 Reflecting Mirrors: Ideas of Personal and Archetypal Gender

Subjects Covered: Fairy Tale and Myth, Psychology and Religion

It will be suggested that the complexities surrounding the distinction between sex and gender lead into a wider discussion of the often less than fully conscious ideas about the relation between nature and culture, which in turn draw upon the different ways in which the universe is imagined. This is further complicated by the language of 'archetypal masculine and feminine.' We will explore whether images of what is 'male' and 'female' in any particular culture may be projected onto the archetypal world, such that the 'archetypal' may be thought to mirror the personal, which is thereby falsely augmented by considering itself archetypal.

Reading:

Jung, C.G., *Collected Works* Vol. 9ii, Aion

Hillman, J., *The Myth of Analysis*, New York: Harper, Colophon Books, (1972), especially the section *On Psychological Femininity*

Neumann, E., *The Great Mother*, Bollingen Series XLII, trans. Ralph Mannheim, Princeton: Princeton University Press, (1955)

Baring, A. and Cashford, J., *The Myth of the Goddess: Evolution of an Image*, London: Penguin Books, Arkana (1993), especially chapter 13, Eve: *The Mother of All Living*

16a Alchemy: The Emergence of Gold in Alchemy and Analysis

Subjects Covered: Alchemy, Individuation

As Jung says in *Alchemical Studies*, Vol 13, Paragraph 90 "...The symbolism of alchemy has a great deal to do with the structure of the unconscious, as I have shown in my book *Psychology and Alchemy*... the dreams of modern men and women often contain the very images and metaphors that we find in the medieval treatises." The presenter will talk about the operations of the alchemical *opus* and its correspondence with the stages of an analysis. The aim of the seminar is to demonstrate that from the beginning of the individuation process the images and operations of the alchemical *opus* are synchronous with it, leading towards the gold – the *aurum non vulgi* – of the alchemists, and the attainment of the Self.

Reading:

Jung, C.G., *Collected Works* Vol. 12, Part II: *Individual Dream Symbolism in Relation to Alchemy*

Jung, C.G., *Collected Works* Vol. 13, Part II: *The Visions of Zosimos*

16b Alchemy: The Call to Quest

Subjects Covered: Alchemy, Religion, Individuation, Fundamentals, Cultural Aspects of Analytical Psychology

One of the keys to Hermetic Kabbalah is the diagram named the Tree of Life. This archetypal scheme, with its unique language and wealth of symbols, can give us an objective basis from which to approach some basic alchemical images and texts about the perils, obstacles and good fortune of the call to quest, and to see how they correspond to the experience of psychotherapy. In the afternoon, speakers from both alchemy seminars will lead a discussion seminar on the material presented.

Reading:

Halevi, Z.B.S., *The Kabbalah Tradition of Hidden Knowledge*, London: Thames and Hudson (1995)

Edinger, E., *The Anatomy of the Psyche*, Illinois, USA: Open Court Publishing Company (1993), pp. 1-15

Neumann, E., *The Origin and History of Consciousness*, Princeton USA: Princeton University Press (1954) pp. 195-219

17 The History of Neurosis

Subjects Covered: History of Neurosis

The seminar will attempt to examine how in the West, following the rise of the 'scientific method', medicine gave birth to the concept of neurosis as a diagnostic category and how the concept moved from general medicine towards psychiatry. Then, how, on the margin of psychiatry, the concept of neurosis led eventually to the definition of the 'unconscious', and finally, beyond psychiatry, and beyond medicine altogether, how, through such a concept, Jung led the way to the field of 'analytical psychology'.

Reading:

Shamdasani, S., *Jung and the Making of Modern Psychology*, Cambridge: Cambridge University Press (2003)

Ellenberg, H., *The Discovery of the Unconscious*, USA: Basic Books (1970)

Jung, C.G., *Collected Works*, Vol. 8, *A Review of the Complex Theory*, §§194-219

18 The Maneater – Source of the Masculine

Subjects covered: Psychopathology, Fairy Tale and Myth, Dreams

In his momentous, frightening dream as a three-year old, Jung heard his mother's voice, explaining that the giant underground enthroned phallus that terrified him was 'the Maneater.' Her words later puzzled Jung. That they came, not from his personal mother, but from the Great Mother, he does not suggest. However, it seems clear that in many myths and stories, the essence of masculinity requires an encounter with a devouring father-figure. This talk will explore some of this material, and draw conclusions about the sources of the masculine spirit.

Reading:

Jung, C.G., *Memories Dreams Reflections*, Glasgow: Fontana Press (1993) pp. 24-30

Stein, M., 'The Dreaming Father', *Fathers and Mothers*, ed. Berry, P., Dallas, USA: Spring Publications (1977)

19 Narcissus and Narcissism

Subjects Covered: History of Neurosis, Fairy Tale and Myth, Individuation, Other Contemporary and Psychoanalytical Theory and Therapies, Post Jungian Theory and Practice, Cultural Aspects of Analytical Psychology

From Freud's essay *On Narcissism: An Introduction* (1914) to today's plethora of books and articles (*The Narcissistic Family*, *The 'Me, Me, Me' Epidemic*) on the subject, there has been no shortage of studies of narcissism, both in individuals and in society at large. In this seminar we shall be exploring the phenomenon of self-absorption, which was first described in the ancient myth told by Ovid in his *Metamorphoses*. In this tale of the beautiful youth Narcissus, gazing at his image in a pool of water, we find material which is echoed today in the world-wide fascination of the selfie and other forms of social media.

Reading:

Jacoby, M., *Individuation and Narcissism*, Hove: Routledge (2010)

Holmes, J., *Narcissism*, Cambridge, UK: Icon Books UK (2001)

Gerhardt, S., *The Selfish Society*, London: Simon and Shuster (2010)

BIOGRAPHIES

All speakers are members of **IGAP** unless introduced below:

Jules Cashford has a background in Philosophy and Literature, and trained with AJA. Her books include *The Myth of the Goddess*, Penguin, 1993, written with Anne Baring; a translation of *The Homeric Hymns*, Penguin Classics, 2003; *The Moon: Symbol of Transformation*, Cassell Illustrated, 2003, and a revised edition in colour, Greystones Press, 2016; *The Mysteries of Osiris*, Atalanta, 2010 and Kingfisher Press, 2016. She has made two films on the Early Renaissance Painter, Jan van Eyck.

Angela Cotter is a Jungian analyst (GAP) with a background in nursing. Since her doctorate in 1990, on the wounded healer in nursing, she has been involved in research. This spans leading on a Department of Health funded action research multi-sector project about older peoples' experience of the transition from acute care to the community to collaborative research about the use of creative arts to enhance communication between professionals and people with dementia. She is currently Head of Research at the Minster Centre and a Visiting Lecturer at Regent's University.

THE INDEPENDENT GROUP OF ANALYTICAL PSYCHOLOGISTS

MEMBERS

Francesca Ahmed
Michael Anderton
Janet Atkins
Jane Bacon PhD
Ean Begg
David Blass PhD
Penny Boisset
Cristina Boseman
Helen Brammer-Savlov
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Frances Milne
Bracha Newman
Penny Norris PhD
Ailish O'Driscoll
Prof. Renos Papadopoulos
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ffiona von Westhoven Perigrinor
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Dr. Peter Tatham MB BCh
Lorraine Walker
Dr. Lesley Wardill
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Michael Whan
Svetlana Zdravkovic PhD