



The Independent
Group of Analytical
Psychologists

Programme of Studies

2018-2019

Seminars / Lectures / Reading and Discussion Groups

The **IGAP Programme of Studies** is open to anyone interested in Jung's Psychology.

The courses offer in-depth study to people who have encountered Jungian ideas through personal analysis or reading. They may be of interest particularly to professionals working in education, medicine, various forms of psychotherapy, religion or social work.

Some of our courses meet the needs of Candidates and practising therapists. When case material is used in seminars confidentiality must be strictly observed.

Attendance at courses on this Programme does not constitute a training or lead to UKCP registration.

All reading lists are supplied by the speaker. In some cases, expanded reading lists for the seminars can be found on the website, or will be distributed on registration.

Unless otherwise stated courses are held at:

The Essex Church
112 Palace Gardens Terrace
London W8 4RT

REGISTRATION

It is essential to book seminars in advance, preferably by the deadline for the term given on each page, **but at the latest by the weekend before the seminar.**

Please contact the office to reserve a place, giving your name, email and phone number, plus a postal address. By registering for seminars, you consent to the IGAP office holding any contact details you may provide. This information will not be passed on to any third party.

Fees are invoiced when a place is offered. We do not issue refunds but if a cancellation is made more than 72 hours before the seminar, the fee may be carried forward to cover other seminars in the same or following term.

The Independent Group of Analytical Psychologists
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Website: www.igap.co.uk

An excellent Introduction to the basic concepts of Jungian Psychology is run by the C.G. Jung Club in London. The majority of speakers are IGAP members. For further details of these seminars, visit their website www.jungclub-london.org.

Registered Charity No 1029545

AUTUMN TERM 2018

1. KEY TEXTS – JUNG: TWO ESSAYS ON ANALYTICAL PSYCHOLOGY

Penny Boisset

Date Thursday 27 September

Time 7.30-9.30pm

Cost £20

2. LIMINALITY FROM THE PERSPECTIVE OF ANALYTICAL PSYCHOLOGY

Svetlana Zdravkovic

Date Friday 28 and Saturday 29 September

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

3. APPROACHES TO THE SACRED – SYNCHRONICITY AND THE SACRED: ANALYSIS AND JUDAISM

Rabbi Jeffrey Newman and Bracha Newman

Date Thursday 25 October

Time 7.30-9.30pm

Cost £20

4. AN EXPERIENTIAL SEMINAR ON THE MOTHER ARCHETYPE AND COMPLEX

ffiona von Westhoven Perigrinor

Date Friday 26 and Saturday 27 October

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

5. APPROACHES TO THE SACRED – JUDAISM, ANALYSIS AND THE SACRED: THE PERSPECTIVE OF A WOMAN

Bracha Newman and Rabbi Jeffrey Newman

Date Thursday 22 November

Time 7.30-9.30pm

Cost £20

6. A PICTORIAL JOURNEY THROUGH JUNG'S RED BOOK, 1915-1928

Diane Finiello Zervas

Date Friday 23 and Saturday 24 November

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

SPRING TERM 2019

7. DESCENT INTO HELL, MAGIC AND TRANSFORMATION IN THE LIBER NOVUS

Katerina Sarafidou

Date Thursday 24 January

Time 7.30-9.30pm

Cost £20

8. AN EXPLORATION AND DISCUSSION OF ACTIVE IMAGINATION USING JUNG'S TEXTS

Gill Kind and Gail Collins-Webb

Date Friday 25 and Saturday 26 January

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

9. CHILDHOOD AND ADOLESCENCE: A SYMBOLIC AND ARCHETYPAL APPROACH

Jim Fitzgerald

Date Thursday 21 February

Time 7.30-9.30pm

Cost £20

10. IN THE COMPANY OF TREES: THE ARBOREAL SELF IN DREAM, MYTH, FAIRY TALES AND BIOLOGY

Sarah Halford

Date Friday 22 and Saturday 23 February

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

11. LOGOS AND THE HIDDEN GOD IN LIBER NOVUS

Katerina Sarafidou

Date Thursday 28 March

Time 7.30-9.30pm

Cost £20

12. KEY TEXTS – RETURNING TO ROOTS: AN EXPLORATION OF THE 1925 SEMINARS

Ailish O'Driscoll

Date Friday 29 and Saturday 30 March

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

SUMMER TERM 2019

13. THE WITNESSING EGO

Robert Macdonald

Date Thursday 25 April

Time 7.30-9.30pm

Cost £20

14. GOETHE'S FAUST

Eve Jackson

Date Friday 26 and Saturday 27 April

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

15. ALCHEMY AND FLOWERS: A CONSIDERATION OF DORN'S ALCHEMICAL RECIPE IN MYSTERIUM CONIUNCTIONIS

Ailish O'Driscoll

Date Thursday 16 May

Time 7.30-9.30pm

Cost £20

16. LILITH

Edna Babay-Shahaf and Dr Gloria Pepe

Date Friday 17 and Saturday 18 May

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

17. JUNG'S TWO PERSONALITIES – A CREATIVE TENSION AT THE HEART OF ANALYTICAL PSYCHOLOGY

Mark Saban

Date Thursday 27 June

Time 7.30-9.30pm

Cost £20

18. THE PATHOLOGY OF THE NEUROSES

Dr Spyros Karvounis

Date Friday 28 and Saturday 29 June

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2-4pm

Cost £105

CLOSED SEMINARS

FOR IGAP CANDIDATES ONLY

Further information and venues are provided on registration.

A. ONGOING AND SPECIALISED CASE COLLOQUIA

Details available from the office

B. RESIDENTIAL COURSE AT HAWKWOOD FOR CANDIDATES AND ANALYSTS

The Eumenides

Thursday 13, Friday 14, Saturday 15,
Sunday 16 June 2019

Dr. Brian Stevenson and Tia Kuchmy

C. WEEKEND SEMINARS

CI LIMINALITY FROM THE PERSPECTIVE OF ANALYTICAL PSYCHOLOGY

Topic: Projection, Self and Other
Sunday 30 September
Svetlana Zdravkovic

C2 AN EXPERIENTIAL SEMINAR ON THE MOTHER ARCHETYPE AND COMPLEX

Topic: Archetypal Dimensions in Analysis
Sunday 28 October
fiona von Westhoven Perigrinor

C3 STARTING A PRACTICE

Topic: Starting and Running a Practice
Sunday 25 November
Ann Shearer

C4 AN INTRODUCTION TO INTERNAL FAMILY SYSTEMS: A PRACTICAL USE OF ACTIVE IMAGINATION

Topic: Psychopathology and its Relations
Sunday 27 January
Matthew Harwood

Matthew Harwood will introduce students to Internal Family Systems Therapy, a new and highly practical way of doing active imagination, which incorporates concepts and techniques from Family Systems Therapy. The model, only recently introduced into the UK, is particularly helpful for working with clients whose problems in current life are caused by painful wounds and traumas from the past. Matthew will illustrate his presentation with slides and video clips from an actual therapy session conducted by the founder of the method.

Reading:
Schwartz, R., *Internal Family Systems Therapy*, London: Routledge (1995)

C5 KEEPING GOING

Topic: Starting and Running a Practice
Sunday 24 February
Ann Shearer

C6 ENDINGS

Topic: Starting and Running a Practice
Sunday 31 March
Ann Shearer

C7 GOETHE'S FAUST

Topic: Individuation in Process
Sunday 28 April
Eve Jackson

C8 LILITH

Topic: Culture and Diversity
Sunday 19 May
Edna Babay-Shahaf

C9 THE PATHOLOGY OF THE NEUROSES

Topic: Psychopathology and its Relations
Sunday 30 June
Dr Spyros Karvounis

SYNOPSES

PLEASE SEE THE WEBSITE FOR ADDITIONAL READING

AUTUMN TERM 2018

1 Key Texts – Jung: Two Essays on Analytical Psychology

Subjects covered: Fundamentals, History of Neurosis

Volume 7 of the *Collected Works* is essential reading for a training in Analytical Psychology. We will explore some of the themes of this volume, notably Jung's concept of psychic energy. Participants will be notified of specific readings in advance of the seminar.

Reading:
Jung, C.G., *Collected Works*, Vol 7

2 Liminality from the Perspective of Analytical Psychology

Subjects covered: Individuation, Cultural Aspects of Analytical Psychology

In the first half of the lecture, the notion of liminality will be approached from a theoretical point of view. Definitions of liminality, its manifestations, challenges and consequences will be discussed. A parallel will be made with anthropology and myth. Connections will be made with different psychological images, complexes and archetypal figures. The roles of active imagination and the transcendent function will be analysed. The second half will contain many examples from the presenter's clinical practice. During the workshop with active imagination, the participants will have the opportunity to explore the notion of liminality through working with clay.

Reading:
Stein, M., *In Midlife – A Jungian Perspective*, Dallas, Texas: Spring Publications (1983), Chapters 3, 4 and 5
Stein, M., *Practising Wholeness*, New York: Chiron (1996), Chapter 10
Miller, J., *The Transcendent Function*, New York: State University of New York Press (2004), Chapter 4
Campbell, J., *The Power of Myth*, New York: Random House Inc. (1991), Chapter 1

3 Approaches to the Sacred – Synchronicity and the Sacred: Analysis and Judaism

Subjects covered: Psychology and Religion, Alchemy, Cultural Aspects of Analytical Psychology

In *The Undiscovered Self* (1956) Jung emphasizes the importance of religion in times of political anxiety and upheaval. With the work of David Holt (1926-2002) providing a particular focus, the seminar will highlight Jung's concept of 'synchronicity': its relationship with the sacred and with the evolution of Judaism. It will raise questions about metaphysics and understandings of the word 'God' and will hope to stimulate thinking on the relationship between analysis, religion, the social and political, and issues of responsibility.

Reading:
<https://www.theguardian.com/news/2018/apr/05/demise-of-the-nation-state-rana-dasgupta>
<http://richardheinberg.com/museletter-308-post-carbon-music>
Jung, C.G., *Collected Works*, Vol. 10, *The Undiscovered Self*, §§ 488-588
Jung, C.G., *Collected Works*, Vol 11, *Answer to Job*, §§ 553-758
Holt, D., 'Alchemy and Psychosis: Curiosity and the Metaphysics of Time', *Harvest* (1988) <http://davidholtonline.com/article/the-clermont-story/#p5>
David Holt's writings are all available to be read or downloaded via the website <http://davidholtonline.com>

4 An Experiential Seminar on the Mother Archetype and Complex

Subjects covered: Fundamentals, Fairy-tale and Myth, Individuation, Developmental Models

Jung wrote of the Mother as 'one of the most moving and unforgettable memories of our lives, the mysterious root of all growth and change; the love that means homecoming, shelter and the long silence from which everything begins and in which everything ends.' And later as a 'frail and fallible human being, so deserving of love, indulgence, understanding and forgiveness.' (Jung, C.G., *Collected Works*, Vol. 9i, § 172). That may seem a challenging statement. In this experiential seminar participants will have the opportunity to explore their memories, dreams and reflections of the Mother and also to make their own mother dolls.

Reading:

Harding, M.E., and Sharp, D., *The Parental Image: Its Injury and Reconstruction*, New York: Putnam (1965)
Jung, C.G., *Collected Works*, Vol. 5, §§ 176-198
Jung, C.G., *Collected Works*, Vol. 7, §§ 121-191
Jung, C.G., *Collected Works*, Vol. 9i *Psychological Aspects of the Mother Archetype*, §§ 148-198
Jung, C.G., *Collected Works*, Vol. 9ii, §§ 20-42
Neumann, E., *The Great Mother*, Princeton: Princeton University Press (1955)

5 Approaches from the Sacred – Judaism, Analysis and the Sacred: the Perspective of a Woman

Subjects covered: Psychology and Religion, Individuation, Culture and Diversity (Gender Issues)

Jung's 1927 essay on *Women in Europe* closes with the words: 'The woman of today is faced with a tremendous cultural task – perhaps it will be the dawn of a new era.' On the basis of some interviews, personal life experience, (including that of being a refugee), practice and reading, this seminar hopes to open questions as to the significance of the changes which have and have not taken place in the past 70 years, particularly for Jewish women. How, especially, might the theme 'Approaches to the Sacred' be understood? The aim of the seminar is to enable participants to clarify their own thinking and understanding.

Reading:

Aron, L., and Henik, L., (eds.), *Answering a Question with a Question: Contemporary Psychoanalysis and Jewish Thought*, Brighton MA, USA: Academic Studies Press (2010)
Clay, C., *Labyrinths: Emma Jung, her marriage to Carl and the early years of psychoanalysis*, London: Collins (2017)
Jung C.G., *Collected Works*, Vol. 10, *Women in Europe*, §§ 236-275
Newman, B., *Growing into Womanhood: Becoming a Jewish Woman*, Guild of Pastoral Psychology Lecture No 283

6 A Pictorial Journey Through Jung's Red Book, 1915-1928

Subjects covered: Fundamentals, Individuation, Psychology and Religion, Cultural Aspects of Analytical Psychology

This seminar provides a pictorial introduction to Jung's *Red Book*, the calligraphic version of *Liber Novus* that he composed and illustrated between 1915-1928, together with other well-known paintings that he included which were not directly related to the text.

As with any illustrated book, the pictorial images for the *Red Book* tell a story. They illuminate the text, but also depict *in noce* many ideas that Jung later elaborated in his writings about Active Imagination, the

Self, and Individuation. They thus provide a visual primer of symbolic motifs preceding Jung's archetypal concepts such as the opposites, shadow, the hero, the new god image, typology, and the mandala, as well as subjects that interested Jung during this period, including alchemy, astrology, cosmology, cosmogony, Gnosticism, and Far Eastern religions.

Reading:

Jung, C.G., *The Red Book: Liber Novus*, Shamdasani, S. (ed.), New York and London: S.S. Norton (2009). (This is the facsimile edition containing all the images).
Jung, C.G., *The Red Book: Liber Novus, A Reader's Edition*, Shamdasani, S. (ed.), New York and London: W.W. Norton (2009). (This edition has text only for *Liber Novus*).
Connolly, A., 'Alchemy in the Red Book', in *Quaderni di Cultura Jungiana*, 3, 3 (2014), 101-107. Available as a pdf online.

SPRING TERM 2019

7 Descent into Hell, Magic and Transformation in the Liber Novus

Subjects covered: Individuation, Psychology and Religion, Cultural Aspects of Analytical Psychology

This talk examines Jung's notion of the descent into hell as it appears in the *Red Book*, as an initiatory process, central to the idea of transformation. It links Jung's cosmological vision and man's place within that with the philosophical, literary, religious and magical traditions on which it stands. It explores the implications of Jung's idea of individuation, as it emerges through the *Red Book*, for the practice of analytical psychology.

Reading:

Jung, C.G., *Liber Novus*, New York: Norton (2009), Editor's Introduction pp. 15-63
Jung, C.G., *Liber Novus*, New York: Norton (2009), Chapters I-VIII
Jung, C.G., *Collected Works*, Vol. 7, *The Effects of the Unconscious Upon Consciousness*, §§ 202-265
Astrachan, G., 'Analysis as Mourning', *The International Journal of Jungian Studies*, 5, 3 (2013)

8 An Exploration and Discussion of Active Imagination Using Jung's Texts

Subjects covered: Psychopathology, Fundamentals, Individuation, Other Contemporary and Psychoanalytical Theory and Therapies

Active Imagination is one of the most useful tools we have as therapists and goes back to Jung's *Red Book* and his creative way of working with patients. The lecture seminars will endeavour to convey the immense resource this can provide. Practical examples will be given and experiential opportunities created in order to illustrate the way in which Active Imagination can help the therapeutic process as well as individuation and personality development. This seminar may be useful to practising analysts, psychotherapists and interested members of the public who would better like to understand how to make use of this technique.

Reading:

Jung, C.G., *Collected Works*, Vol. 14, §§ 189-213, 706
Jung, C.G., *Collected Works*, Vol. 18, §§ 390-406
Jung, C.G., *Collected Works*, Vol. 8, §§ 131-193
Jung, C.G., Chodorow, J. (ed.), *Jung on Active Imagination*, New Jersey USA: Princeton University Press (1997)
Johnson, R., *Inner Work: using dreams and active imagination for personal growth*, London: HarperOne (2009)

9 Childhood and Adolescence: A Symbolic and Archetypal Approach

Subjects covered: Fundamentals, Individuation, Development Models, Post Jungian Theory and Practice, Cultural Aspects of Analytical Psychology

This talk looks at the developments of the first stages of life from a Jungian perspective. The course of the life cycle is considered. Reference is made to literary sources in order to emphasize the symbolic and numinous quality of childhood and teenage years. The significance of adolescence as the initiation process of young people into adulthood is also discussed.

Reading:

Jung, C.G., *Collected Works*, Vol.17, *Child Development and Education*, §§ 98-126
Jung, C.G., *Children's Dreams*, Princeton and Oxford: Princeton University Press (2008)
Neumann, E., *The Child, Structure and Dynamics of the Nascent Personality*, USA: Karnac (1988)
Van Gennep, A., *The Rites of Passage*, Chicago: University of Chicago Press (1960)

10 In the Company of Trees: The Arboreal Self in Dream, Myth, Fairy Tales and Biology

Subjects covered: Fairy Tale and Myth, Dreams, Individuation, Cultural Aspects of Analytical Psychology, Ecopsychology

For millennia, humanity depended upon trees for the basics of life including shelter, food, heat, tools, transportation, medicine, language and even the oxygen necessary for life. In spite of the industrial use of trees, and the reduction of forest diversity to monocultures, trees continue to be the company we keep in dreams, stories, rituals, and in childhood play. These seminars will explore the symbolic and transformative quality of the presence of trees and their ecology, and the integral connection of tree symbolism with the possibility of a creative and meaningful life. Participants are asked to bring a personal "tree story."

Reading:

Jung, C.G., *Collected Works*, Vol. 13, *The Philosophical Tree*, §§ 304-482
Haskell, D.G., *The Songs of Trees: Stories from Nature's Great Connectors*, New York: Viking (2017)
Wohleben, P., *The Hidden Life of Trees*, London: William Collins (2017)
Website: www.spiritoftrees.org for stories, especially Grimm's 'The Juniper Tree'.

11 Logos and the Hidden God in Liber Novus

Subjects covered: Individuation, Psychology and Religion, Cultural Aspects of Analytical Psychology

This talk explores the visionary experiences described in Jung's *Red Book* and places them within a consistent thread of an aesthetic, cosmological principle grounded in pre-Socratic philosophy, Hermeticism, Judaism and early Christian thought, through to early modern and romantic philosophy. It refers to a principle transcendent of ethics and mediating between the divine and the human in a way that penetrates the web of oppositions separating the 'hidden God' from the individual. It demands the melding together of reason and unreason, chaos and order, meaning and meaninglessness, and reshapes fundamental human concerns around truth, freedom and redemption.

Reading:

Jung, C.G., *Liber Novus – A Reader's Edition*, New York: Norton (2009), *Liber Secundus*, Chapters IV-VI, Chapters XII-XIV
Jung, C.G., *Liber Novus – A Reader's Edition*, New York: Norton (2009), *Scrutinies*
Fertel, R., 'Jung's *Red Book*, *Improvisation, and the Mētēic Spirit*', *The International Journal of Jungian Studies*, (2017)
Black, D., 'Preverbal Experience and the Intuition of the Sacred', in Wright, K. (ed.), *Psychoanalysis and Religion in the 21st Century*, London: Routledge (2006),

12 Key Texts – Returning to Roots: An Exploration of the 1925 Seminars

Subjects covered: Fundamentals and Individuation

The aim of this seminar is to consider a series of sixteen lectures given by Jung to a small group of people in 1925. The purpose he said was: '...to give (you) a brief sketch of the development of my conceptions from the time I first became interested in problems of the unconscious'. (p.3)

The text, created from notes taken at the time, was not available to the general public until 1989. It is valuable as a record of that original oral experience. Working with this text provides an opportunity to explore basic concepts of analytical psychology, and to engage with Jung's vision of psyche and its dynamics afresh.

Reading:

Jung, C. G., *Introduction to Jungian Psychology: notes of the seminar on Analytical Psychology given in 1925 by C. G. Jung*, Shamdasani, S. (ed.), Princeton New Jersey: Princeton University Press (2012)
Jung, C.G., *Memories, Dreams, Reflections*, Jaffe, A. (ed.), USA: Vintage Books (1989)

SUMMER TERM 2019

13 THE WITNESSING EGO

Subjects covered: Fundamentals (ego, complexes, Self)

In his essay *The Stages of Life*, Jung refers to 'the splitting of the psychic material that constitutes the ego', and the presence of a 'second ego' where the conflict arising from inner division indicates 'a step forward in consciousness'.

The 'witness position', a designated acting area in the Japanese Noh Drama, where a character sits in absolute stillness gazing into the 'beyond', while life changing events are re-enacted, will amplify discussion of division within the ego complex.

The nature of the ego, objective psychological judgment, attunement, optimizing tension between the opposites, and emergence of the Self will be considered.

Reading:

Jung, C.G., *Collected Works*, Vol. 3, *The Feeling-Toned Complex and Its General Effect on The Psyche*, §§ 77-106
Jung, C.G., *Collected Works*, Vol. 6, *Appendix 2*, §§ 883-914
Jung, C.G., *Collected Works*, Vol. 8, *The Stages of Life*, §§ 749-795
Tyler, R., *Japanese Noh Dramas: The Sumida River*, pp. 254-263 (text file emailed on application)

14 Goethe's Faust

Subjects Covered: Alchemy, Fairy Tale and Myth, Psychology and Religion, Cultural Aspects of Analytical Psychology

The two-part play *Faust* based on the medieval legend of the alchemist who signed a pact with the Devil, which took Goethe 20 years to complete, 'poured into' the soul of the adolescent Jung 'like a miraculous balm', and continued to preoccupy him throughout his life. More deeply impressed by the demon Mephistopheles than by the character of Faust himself, he took issue with the 'happy' ending of Goethe's

work, and when he built the Bollingen Tower dedicated the building, in an inscription over the door, to Philemon (destroyed by Goethe's protagonist in the play) and to the repentance of Faust.

Reading:

Goethe, J. W. von, *Faust, Parts I and II*, London: Norton Critical Edition (1998). This translation, by Walter Arndt, will be referred to in the seminar and is the preferred edition. Please bring the text to the seminar with you.
Jung, C.G., *Collected Works*, Vol. 20, *General Index*. Whatever you can manage of his many references to Goethe's *Faust*.

15 Alchemy and Flowers: A Consideration of Dorn's Alchemical Recipe in *Mysterium Coniunctionis*

Subjects covered: Alchemy, Individuation

The aim of this seminar is to explore the final chapter of C. G. Jung's *Mysterium Coniunctionis* (*Collected Works* Vol. 14): 'The Conjunction'. From his expansive amplification of the process, an extraction will be made to clarify the stages leading from the *unio mentalis* to the *unus mundus*. The production of the quintessence and Gerhard Dorn's interesting recipe will be a focus for discussion. The relationship of body, soul and spirit, the paradoxical nature of the human predicament, and the function of the symbol, are topics which will contribute to an understanding of individuation in the present.

Reading:

Jung, C.G., *Collected Works*, Vol. 14, *The Conjunction*, §§ 654-789
Edinger, E., *The Mysterium Lectures: A Journey through C.G. Jung's Mysterium Coniunctionis*, Toronto: Inner City Books (1995), Chapters 23, 24, 25.

16 Lilith

Subjects covered: Fairy Tale and Myth, Psychology and Religion

Beginning with the historical development of the myth of Lilith, this seminar will explore Lilith's connection to other demonic images of the feminine such as Baba Yaga, as well her relationship to the dark shadow aspect of the Shekinah. We will also consider the Lilith archetype in relation to female sexuality and how the sexual expression of the archetype not only attracts a dangerous fascination, but at the same time creates fear and blame. Through looking at the various images of Lilith, we will consider the manifestation of the archetype today, both in society and in analytic work.

Reading:

Brinton-Perera, S., *Descent to the Goddess: A Way of Initiation for Women*, Toronto, Canada: Inner City Books (1981)
Hurwitz, Z., *Lilith – The First Eve: Historical and Psychological Aspects of the Dark Feminine*, Switzerland: Daimon Verlag (1999)
Jung, C.G., *Collected Works*, Vol. 20, *General Index on Lilith*
Neumann, E., *The Great Mother: An Analysis of the Archetype*, Princeton NJ, USA: Bollingen, Princeton University Press (1991), Chapters 6, 11, 14
Patai, R., *The Hebrew Goddess*, Detroit, Michigan: Wayne State University Press (1990), Chapter X
Vogelsang, E. W. (1985) 'The Confrontation Between Lilith and Adam: The Fifth Round', *Journal of Analytical Psychology* 30, 2, (1985), pp. 149-163

17 Jung's Two Personalities – A Creative Tension at the Heart of Analytical Psychology

Subjects covered: Fundamentals, Individuation, Post-Jungian Theory and Practice, Cultural Aspects of Analytical Psychology

In the first three chapters of Jung's posthumously published memoir, *Memories, Dreams, Reflections*, he describes the difficult experience of living two personalities, and how he eventually found a way to incorporate both into his life and his work. The speaker intends to show that this early problematic

conflict became a red thread that was eventually to run through every aspect of Jung's mature psychology. Furthermore, to approach Jung's psychology in this way offers an opportunity to re-vision and critique ideas and concepts that in some cases have become blurred through over-familiarity.

Reading:

Jung, C.G. & Jaffe A., *Memories, Dreams, Reflections*, New York: Vintage Books (1989), Chapters 1-3
Papadopoulos R., 'Jung and the concept of the other' in Papadopoulos and Saayman (eds.), *Jung in Modern Perspective, the Master and his Legacy* New York: Prism Press (1991), pp. 54-88
Saban M., 'Ambiguating Jung' in Kirsch, J. (ed.), *How and Why We Still Read Jung*, London: Routledge (2013)
Saban M., 'Jung, Winnicott and the Divided Psyche', *Journal of Analytical Psychology*, 61, 3, (2016), pp. 329-349

18 The Pathology of the Neuroses

Subjects covered: Psychopathology, Fairytale & Myth, Individuation, Jungian and Post-Jungian Theory & Practice

We will trace the archetypal and mythic patterning of the neuroses, and we will examine the interrelation between conscious and unconscious as well as between ego and Self, in their manifestation in the neuroses. We will look at both the meaningfulness and meaninglessness of the suffering, the blockages against and possibilities for a solution. We will juxtapose both traditional Jungian and post-Jungian approaches to look at the neuroses and their complexities.

Reading:

Jung, C.G., *Collected Works*, Vol. 7, *Phenomena Resulting from the Assimilation of the Unconscious*, §§ 221-242, and *The Technique of Differentiation between the Ego and the Figures of the Unconscious*, §§ 341-373
Jung, C.G., *Collected Works*, Vol. 8, *The Transcendent Function*, §§ 131-193 and *A Review of the Complex Theory*, §§ 194-219
Jung, C.G., *Collected Works*, Vol. 16, *The Psychology of the Transference*, especially chapters 6, 7, 8 and 9, §§ 467-524
Giegerich, W., 'Neurosis, The Logic of a Metaphysical Illness', New Orleans, Louisiana: Spring Journal, Inc. (2013)

BIOGRAPHIES 2018-2019

All speakers are members of **IGAP** unless introduced below:

Katerina Sarafidou is the Jungian Director of the MSc Psychodynamics of Human Development, which is run collaboratively by Birkbeck College and the British Psychotherapy Foundation. She is currently carrying out academic research at King's College London on Jungian theory, German aesthetics and subjectivity. She lectures at both Birkbeck and King's College and her current research project is on Kant and his notion of the unity of consciousness and transcendental freedom. In 2016, alongside two senior Jungian analysts, she helped establish The Circle of Analytical Psychology, which offers a 2-year course of study to Jungian analysts on Jung's *Liber Novus*.

Gail Collins-Webb is a recently qualified Jungian Analyst with GAP. She entered her own personal analysis in 1997, after reading Jung's autobiography. She originally trained as a chemist before specialising in environmental pollution science, legislation and management by masters and doctoral degrees. She worked in industry as an environmental consultant for fifteen years before becoming a self-employed academic tutor and an Associate Lecturer for the Open University.

THE INDEPENDENT GROUP OF ANALYTICAL PSYCHOLOGISTS

MEMBERS

Francesca Ahmed

Michael Anderton

Janet Atkins

Edna Babay-Shahaf

Jane Bacon PhD

Ean Begg

Penny Boisset

Cristina Boserman

Helen Brammer-Savlov

Cécile Buckenmeyer

Catherine Bygott

Philippa Campbell

Aileen Campbell Nye

Maureen Cantwell

Olivia del Castillo

Eva Chadwick

Irene Cioffi Whitfield PhD

Giles Clark

David Clemens

Lynn Cook

John Costello

Johanna David

Julian David

Joyce Davis

Helen Drucquer

Dr. Alex Esterhuyzen

Josephine Evetts-Secker

Jim Fitzgerald

David Freeman

Helen Freeman

Linda Freeman

Sybil Fuller

Robby Ginsborg

Elizabeth Gordon

John Granrose PhD

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