



The Independent
Group of Analytical
Psychologists

Programme of Studies

2019-2020

Seminars / Lectures / Reading and Discussion Groups

The **IGAP Programme of Studies** is open to anyone interested in Jung's Psychology.

The courses offer in-depth study to people who have encountered Jungian ideas through personal analysis or reading. They may be of interest particularly to professionals working in education, medicine, various forms of psychotherapy, religion or social work.

Some of our courses meet the needs of Candidates and practising therapists. When case material is used in seminars confidentiality must be strictly observed.

Attendance at courses on this Programme does not constitute a training or lead to UKCP registration.

All reading lists are supplied by the speaker. In some cases, expanded reading lists for the seminars can be found on the website, or will be distributed on registration.

Unless otherwise stated courses are held at:

The Essex Church
112 Palace Gardens Terrace
London W8 4RT

REGISTRATION

It is essential to book seminars in advance, **at the latest by the weekend before the seminar**. Please contact the office to reserve a place, giving your name, email and phone number, plus a postal address. By registering for seminars, you consent to the IGAP office holding any contact details you may provide. This information will not be passed on to any third party

Fees are invoiced when a place is offered. We do not issue refunds but if a cancellation is made more than 72 hours before the seminar, the fee may be carried forward to cover other seminars in the same or following term.

The Independent Group of Analytical Psychologists
P O Box 22343, London W13 8GP
Tel: 020 8933 0353
e-mail: office@igap.co.uk
Website: www.igap.co.uk

An excellent Introduction to the basic concepts of Jungian Psychology is run by the C.G. Jung Club in London. The majority of speakers are IGAP members. For further details of these seminars, visit their website www.jungclub-london.org.

Registered Charity No 1029545

AUTUMN TERM 2019

1. READING SEMINAR: JUNG CW12

Gill Kind

Date Thursday 26 September

Time 7.30-9.30pm

Cost £20

2. PSYCHE'S RE-SEARCHING: INDIVIDUATION AS RESEARCH

Jane Bacon

Date Friday 27 September, Saturday 28 September

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

3. PUNK – A TIME WITHOUT FATHER: IMAGES OF INITIATION

Martin Hosken

Date Thursday 24 October

Time 7.30-9.30pm

Cost £20

4. AN EXPERIENTIAL SEMINAR ON THE CHILD ARCHETYPE

ffiona von Westhoven Perigrinor

Date Friday 25 October, Saturday 26 October

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

NB Participants will be asked to pay £5 directly to the seminar leader towards the cost of materials.

5. THE BHAGAVAD GĪTĀ

Stephen Silver

Date Thursday 28 November, Friday 29 November

Time 7.30-9.30pm

Cost £50

6. WORKING WITH SEVERE FORMS OF ADVERSITY

Renos Papadopoulos

Date Saturday 30 November

Time 10.30am-12.30pm, 2pm-4pm

Cost £70

SPRING TERM 2020

7. TRANSFERENCE AND COUNTERTRANSFERENCE

Dr Spyros Karvounis

Date Thursday 23 January

Time 7.30-9.30pm

Cost £20

8. AN INTRODUCTION TO DEVELOPMENTAL THEORIES OF THE MIND: THEIR RELEVANCE AND APPLICATION

Katerina Sarafidou

Date Friday 24 January, Saturday 25 January

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

9. ARCHETYPAL IMAGES ASSOCIATED WITH ATROCITIES

Maggie Stanway

Date Thursday 27 February

Time 7.30-9.30pm

Cost £20

10. JUNG'S COMPLEX PATH: ONE CLINICAL BEGINNING (THE WORD ASSOCIATION EXPERIMENT/EXPERIENCE)

Josephine Evetts-Secker

Date Friday 28 February, Saturday 29 February

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

11. MATTER AND SPIRIT: A VISIONARY COMBINATION?

Ailish O'Driscoll

Date Thursday 26 March

Time 7.30-9.30pm

Cost £20

12. JUNG, ALCHEMY AND THE SECOND JOURNEY OF LIFE

Catherine Bygott

Date Friday 27 March, Saturday 28 March

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

SUMMER TERM 2020

13. THE GIRL IN THE TOWER

Janet Atkins

Date Thursday 23 April

Time 7.30-9.30pm

Cost £20

14. A WINTER'S TALE

Robert Macdonald

Date Friday 24 April, Saturday 25 April

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

15. ARCHETYPAL AND PERSONAL DIMENSIONS IN CLINICAL WORK: SHOULD THEY BE REGARDED AS FUNDAMENTALLY DIFFERENT, OR TWO SIDES OF THE SAME COIN?

Mark Saban

Date Thursday 28 May

Time 7.30-9.30pm

Cost £20

16. READING SEMINAR: JUNG: THE DEVELOPMENT OF PERSONALITY CW17

Jim Fitzgerald

Date Friday 29 May, Saturday 30 May

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

17. BRENE BROWN

Gillian Kind

Date Thursday 25 June

Time 7.30-9.30pm

Cost £20

18. PSYCHE AND SOCIETY

Mariolina Graziosi

Date Friday 26 June, Saturday 27 June

Time Friday 7.30-9.30pm,

Saturday 10.30am-12.30pm, 2pm-4pm

Cost £105

CLOSED SEMINARS

FOR IGAP CANDIDATES ONLY

A. ONGOING AND SPECIALISED CASE COLLOQUIA

Details available from the office

B. RESIDENTIAL COURSE AT HAWKWOOD FOR CANDIDATES AND ANALYSTS

Gawain and the Green Knight

Thursday 18, Friday 19, Saturday 20,
Sunday 21 June 2020

Dr. Brian Stevenson and Tia Kuchmy

C. WEEKEND SEMINARS

These will take place from 5-7pm on the Saturday evening following the seminar.

The venue may change, so please make sure you know where the session is taking place.

C1 PSYCHE'S RE-SEARCHING: INDIVIDUATION AS RESEARCH

Topic: Individuation in Process

Saturday 28 September

Jane Bacon

C2 AN EXPERIENTIAL SEMINAR ON THE CHILD ARCHETYPE

Topic: Archetypal Dimensions in Analysis

Saturday 26 October

ffiona von Westhoven Perigrinor

C3 WORKING WITH SEVERE FORMS OF ADVERSITY

Topic: Culture and Diversity,
Psychopathology and its Relations
Saturday 30 November

Renos Papadopoulos

C4 BOUNDARIES

Topic: Starting and Running a Practice
Saturday 25 January

Johanna David

C5 JUNG'S COMPLEX PATH: ONE CLINICAL BEGINNING (THE WORD ASSOCIATION EXPERIMENT/EXPERIENCE)

Topic: Psychopathology and its Relations
Saturday 29 February

Josephine Evetts-Secker

C6 JUNG, ALCHEMY AND THE SECOND JOURNEY OF LIFE

Topic: Individuation in Process
Saturday 28 March

Catherine Bygott

C7 A WINTER'S TALE

Topic: Projection, Self and Others
Saturday 25 April

Robert Macdonald

C8 GETTING STARTED – NUTS AND BOLTS

Topic: Starting and Running a Practice
Saturday 30 May

Gill Kind

C9 PSYCHE AND SOCIETY

Topic: Archetypal Dimensions in Analysis
Saturday 27 June

Mariolina Graziosi

SYNOPSES

PLEASE SEE THE WEBSITE FOR ADDITIONAL READING

AUTUMN TERM 2019

I Reading Seminar: Jung CW12

Subjects covered: Psychology and Religion, Individuation, Alchemy, Transference and Countertransference, Cultural Aspects of Analytical Psychology

The group will read the Introduction to CW12 *Psychology & Alchemy: Part 1, Introduction to the Religious and Psychological Problems of Alchemy*.

This volume was published during the Second World War and is a compilation of what Jung had learnt since he experienced the dreams and visions (which later appeared in the Red Book) during the First World War, and his studies of Alchemy between the wars.

Jung lays the foundation for the rest of the writings in the volume, setting the scene and showing how alchemy, religion and psychology overlap and are useful for modern dream interpretation and for helping patients to come to terms with their life problems and with the unconscious, all of which he wrestled with during his 'Confrontation with the Unconscious'.

Reading:

Jung, C.G., *Collected Works*, Vol. 12, *Psychology and Religion*, §§ 1-43

2 Psyche's Re-researching: Individuation as Research

Subjects covered: Fundamentals, Psychology and Religion, Individuation, Other Contemporary and Psychoanalytical Theory and Therapies, Post-Jungian Theory and Practice, Other: Research

The unconscious produces symbols which can be understood ... by means of 'comparative research'
Jung, CW13, § 473

What does it mean and how are we to undertake 'comparative research' that embraces conscious and unconscious? The term research, here presented as re-search, suggests this is a process that embraces both conscious and unconscious. To re-search is to search again, to know again. This double searching is one of immersion and reflection.

The aim of this experiential weekend is to explore how to undertake Jung's 'comparative research' using an embodied methodology that includes symbol, dream and active imagination. It will draw on methodologies such as practice-as-research in arts where the capacity to articulate experience into spoken and written language foregrounds a fluency in and about introspective processes often hidden or lost as physical, emotional, intuitive and perhaps ineffable activities.

Reading:

Shamdasani, S., 'Liber Novus, The "Red Book" of C. G. Jung', pp. 1-95, in *The Red Book, Liber Novus, A Reader's Edition*, Shamdasani, S., (ed) London: Norton (2009)

Bacon, J. M., and Midgelow, V. L., 'Creative Articulations Process (CAP)', in *Choreographic Practices*, 5/1, (2014), pp. 7-31
Romanyshyn, R., *The Wounded Researcher: Research with Soul in Mind*, New Orleans, LA: Spring (2007)

3 Punk – A Time Without Father: Images of Initiation

Subjects covered: History of Neurosis, Individuation, Cultural Aspects of Analytical Psychology

Against the backdrop of the child who grows up without a father the presenter will explore images of Punk as a manifestation of initiatory need. The seminar will further reflect upon the rage and reverie that defines Punk as not only a collective catharsis, and thus the fragile receives the immense, but more specifically as an attempt to respond to feelings of shame through the spark of creative neurosis. As an epitaph to such immediacy, the shadow of Punk will also be considered.

Reading:

Hillman, J., *Senex and Puer: An Aspect of the Historical and Psychological Present*, Texas, USA: Spring Publications, University of Dallas (1979)

Jacoby M., *Shame and the Origins of Self-Esteem: A Jungian Approach*, London: Routledge (1993)

Jung, C.G., *Collected Works*, Vol. 18 *The Tavistock Lectures: Lecture IV: Discussion* §§ 381-389

4 An Experiential Seminar on the Child Archetype

Subjects covered: All exam topics plus Transference and Countertransference, Developmental Models and Culture and Diversity

Jung's essay on the Child Archetype relates it to a link with the past, a continual presence, a potential future, as both singular and plural, a god and a hero. He comments on perils and abandonment, the child's invincibility, miraculous birth and hermaphroditism. (Jung, C.G., *Collected Works*, Vol. 9i, *The Psychology of the Child Archetype* §§ 259-305)

In this seminar participants will have the opportunity to explore their childhood experiences, reflect on Developmental Psychology and the 'inner child,' and use glove puppets to make their own child images.

Reading List:

Jung, C.G., *Collected Works*, Vol. 9i, *The Psychology of the Child Archetype* §§ 259-305

Hillman, J., *Mythic Figures*, Washington DC: Spring Publications, (2007), 'Abandoning the Child', pp. 80-124

Neumann, E., *The Child: structure and dynamics of the nascent personality*, London: Karnac (1988)

Harding, M.E., *The Parental Image: its injury and reconstruction*, Toronto, Canada: Inner City Books (2003)

5 The Bhagavad Gītā

Subjects Covered: Psychology and Religion

The Bhagavad Gītā is one of the world's most translated, enduring spiritual works. The Gītā is a conversation between the Lord Krishna and the Prince Arjuna, which leads Arjuna from despair to final liberation. The conversation takes place before the great battle of Kurukshetra; while there is a historical context for the battle it can be seen as an allegory for the internal battlefield of the mind. In these two sessions we will explore the journey using the same question and answer technique, for personal development, for fulfilment in the world and the relationship of the individual and the universal, starting with 'what is right action' through to self-knowledge.

Reading:

Any version of *The Bhagavad Gītā*

6 Working with Severe Forms of Adversity

Subjects covered: Psychopathology, Post-Jungian Theory and Practice, Other Contemporary and Psychoanalytical Theory and Therapies, Cultural Aspects of Analytical Psychology, Other: Epistemology

How do we understand adversity, severe adversity and their effects on people? What affects the formation of our very conceptualisations of these phenomena, and how do these conceptualisations impact on the ways we work with those who have been exposed to such forms of adversity? What personal factors, societal discourses, but also networks of archetypal images influence such conceptualisations? This seminar will examine the theoretical complexities and traps involved in understanding such phenomena and, consequently, the corresponding difficulties in working with such persons. Central to my analysis will be the introduction of what I call 'hierarchies of accessible, tolerable and preferred pain'.

Reading:

- Papadopoulos, R.K., 'Destructiveness, atrocities and healing: epistemological and clinical reflections', *The Journal of Analytical Psychology*, 43/4 (1998), pp. 455-477
- Papadopoulos, R.K., 'Refugees, Trauma and Adversity-Activated Development', *European Journal of Psychotherapy and Counselling*, 9/3 September (2007), pp. 301-312
- Papadopoulos, R.K., 'Extending Jungian Psychology: Working with survivors of political upheavals', in Heuer, G., (ed), *Sacral Revolutions: Cutting Edges in Psychoanalysis and Jungian Analysis*, London: Routledge (2009)
- Papadopoulos, R.K., 'Therapeutic encounters and interventions outside the consulting room: challenges in theory and practice', in Kiehl, E., Saban, M., and Samuels, A., (eds), *Analysis and Activism: Social and Political Contributions of Jungian Psychology*, London and New York: Routledge (2016), pp. 11-20.
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SPRING TERM 2020

7 Transference and Countertransference

Subjects covered: Psychopathology, Fairy Tale & Myth, Individuation, Transference and Countertransference, Jungian and Post-Jungian Theory and Practice

The aim of the seminar is to approach transference phenomena from different angles: as an expression of the dialectical development of the objective psyche, as a dynamic element between two people in the therapy room and finally as a constant movement of development between them. In examining the complexity of transference phenomena, traditional Jungian and post-Jungian approaches will be juxtaposed.

Reading:

- Jung, C.G., *Collected Works*, Vol. 16, *The Psychology of the Transference*, §§ 353-539
- Giegerich, W., 'What is Soul? Excursus on emotions and the 'numinous' in therapy', *Spring Journal*, (2012), pp. 234-256
- Hillman, J., *The Myth of Analysis*, New York: Harper-Collins (1972), Part One: 'On Psychological Creativity'
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8 An Introduction to Developmental Theories of the Mind: Their Relevance and Application

Subjects covered: Developmental Models, Psychopathology, Fundamentals

These seminars aim to provide an overview of developmental approaches to the understanding of the emergence of the self and mind. This will include key intra-psychoic and relational perspectives and will cover an introduction to various expressions of object relations theories, post-Jungian developmental theories as well as attachment theory and neuroscience. The seminars will examine the emergence and

interrelationship of these approaches, their joint application to clinical practice, and their implications for the understanding of pathology and the analytic task. Their relevance for analytical psychology and the Jungian model of the psyche will also be considered.

Reading:

NB Katerina Sarafidou has very kindly made the essential reading below available in electronic form.

Please contact the office to receive a copy. Further reading suggestions are on the website.

Hinshelwood, R.D., 'The paranoid-schizoid position', in *Clinical Klein*, London: Free Association Books (1994)
Britton, R., 'Keeping things in mind', in Anderson, R., (ed) *Clinical Lectures on Klein and Bion*, London: Routledge (1992)
Winnicott, D. W., 'Ego distortion in terms of true and false self', in *The Maturation Process and the Facilitating Environment: Studies in the Theory of Emotional Development*, New York: International Universities Press (1960)
Music, G., 'Attachment', in *Nurturing Natures: Attachment and Children's Emotional, Sociocultural and Brain Development*, Hove: Psychology Press (2010) Chapter 6, pp. 59-70

9 Archetypal Images Associated with Atrocities

Subjects covered: Fairy Tale and Myth, Fundamentals

Instigated by the horror of situations he encountered as a human rights lawyer, Dexter Dias spent some years researching human characteristics involved in atrocities such as female genital mutilation, slavery and war. He looked at them through the lenses of evolutionary theory and neuroscience. The resulting book, *The 10 Types of Human*, identifies ten archetypal images, such as The Ostraciser, The Aggressor, The Tamer of Terror, The Tribalist etc. The seminar will link each of Dias's '10' with Greek gods and their myths, to give perspectives which may help us to work with them.

Reading:

Dias, D., *The 10 Types of Human: Who We Are and Who We Can Be*, London: Windmill Books (2018)
www.theoi.com – Greek gods/goddesses to look up: Aloedai, Ares, Athena, Demeter, Eleos, Hephaestus, Hera, Hercules, Hermes, Hestia, Nemesis, Perseus, Prometheus, Pthonus, Typhoeus and Zeus.

10 Jung's Complex Path: One Clinical Beginning (The Word Association Experiment/Experience)

Subjects covered: Fundamentals, Psychopathology and History of Neurosis

'Complexes are in truth the living units of the unconscious psyche ...' Jung 8, § 210

At the Burghölzli Hospital early in his professional life, Jung began working on word association with a number of colleagues. He was convinced that this could provide direct evidence of the kind of unconscious conflicts that Freud was exploring.

The Word Association Experiment (WAE) was the result of this research, using what we would now regard as very primitive equipment, to manifest certain behaviours scientifically. Jung devised this experiment to demonstrate the reality and autonomy of unconscious complexes. From recorded responses of participants, he could plot a 'map' of particular psychological charges, indicating the activation of unconscious complexes. This term, 'complex' was one of Jung's earliest contributions to depth psychology that led him further in understanding archetypal energy active at the core of each complex. He insisted: "The *via regia* to the unconscious ... is not the dream, as [Freud] thought, but the complex, which is the architect of dreams and symptoms". (CW 8, § 210). The energy of such a constellation of complexes activated in the WAE directly reveals how "conscious intention is overwhelmed". (CW 8, § 200). This illuminates the subject's immediate psychic state, and also deepens understanding of Jung's model, which at that time he wanted to name "complex psychology".

This course will follow the development through this early work and consider its continuing, potential clinical value in analysis today.

Reading:

Jung, C.G., *Collected Works*, Vol. 2, *Experimental Researches*, §§ 1349-1356. And whatever you can of the rest of this volume but that is not essential.

Jung, C.G., *Collected Works*, Vol. 8, *A Review of the Complex Theory*, §§ 194-219

Jung, C.G., *Collected Works*, Vol. 7, *Two Essays on Analytical Psychology*. It would be helpful for participants to be familiar with the papers in this volume, which cover Jung's early thinking about the psychology of unconscious processes.

Further reading (post-Jungian) will be suggested when we are more deeply involved with the issues raised in the introductory lectures.

11 Matter and Spirit: A Visionary Combination?

Subjects covered: Fundamentals, Psychology and Religion, Alchemy, Cultural Aspects of Analytical Psychology

Exploration of these concepts will be made by referring to work by Jung and von Franz. Consideration will be given to the relationship between matter and spirit. This will be amplified by reference to some different belief systems, such as an Irish vision of nature and alchemy among others. This methodology belongs to an analytic approach. The exploration will hopefully prepare the ground for further work on alchemy, the significance of the Assumption of the Virgin, and synchronicity.

Reading:

Jung, C. G., *Collected Works*, Vol. 8 *Spirit and Life*, §§ 601-648

Jung, C.G., *Collected Works*, Vol. 9i *The Phenomenology of the Spirit in Fairy Tales*, §§ 384-453

Von Franz, M-L., *Projection and Re-collection in Jungian Psychology: Reflections of the Soul*, London: Open Court (1980), Chapters 3 and 9

12 Jung, Alchemy, and the Second Journey of Life

Subjects covered: Alchemy, Individuation, Fundamentals, Psychology and Religion, Cultural Aspects of Analytical Psychology

What is the nature of life beyond the struggle to establish ego?

How is this crossing to be made?

Where is the 'still point' to be found in our turning, changing world?

The second journey of life invites us to take 'the road less travelled' beyond cognitive processes of differentiating and dividing, and to recognise archetypal energies as having psychoid, as well as psychic, expression. Through this experientially oriented seminar-workshop, we will explore these questions and others, drawing on Jung's own life journey, his psychology of opposites and the sacred mystery of alchemical transformation.

Please wear comfortable clothing.

Suggested reading:

Jung, C.G., *Collected Works*, Vol 12, *Introduction to the Religious and Psychological Problems of Alchemy*, §§ 1-43

Jung, C.G., *Collected Works*, Vol 13, *The Philosophical Tree*, §§ 251-351

Jung, C.G., *Collected Works*, Vol 14, *The Paradoxa*, §§ 36-50

Adler, G., *Dynamics of the Self*, London: Coventure (1989)

13 The Girl in the Tower

Subjects covered: Fairy Tale and Myth, Fundamentals

This seminar will focus mainly on the story of Rapunzel, the girl locked in a high tower by an old enchantress, as told in Grimm's fairy tales. As well as looking at what this story has to say about the relationship between the young feminine and the old woman or witch, it will consider the motifs of high and low, food, hunger and satiation, and the senses and the sensual, which occur in other stories where the young girl encounters the old woman.

Reading:

Brothers Grimm, *The Complete Grimms' Fairy Tales*, London: Routledge 2nd Edition (2002)

14 A Winter's Tale

Subjects covered: Individuation, Alchemy, Dreams

A murderous, causeless jealousy operates at the heart of *A Winter's Tale*, reiterating the theme of tragic vulnerability in the masculine psyche which threads through Shakespeare's late work.

In spite of a sixteen-year isolation, his "saint-like sorrow", and a most moving reconciliation between an estranged husband and his wife, a lack of humility in the hero remains. He laments, "I am ashamed – does not the stone rebuke me for being more stone than it."

What is this unredeemable aspect? What place does the timeless presence of leaden nature have in the individuation process?

Rage, shame, time, solitude and grace will be considered, with reference to Jung, Alchemy and Gnosticism, in pursuit of the symbolic and religious significance of this play.

Reading:

Shakespeare, W., *A Winter's Tale*

15 Archetypal and Personal Dimensions in Clinical Work: should they be regarded as fundamentally different, or two sides of the same coin?

Subjects covered: Fundamentals, Individuation, Transference/Countertransference, Post-Jungian Theory and Practice

The presenter will look at the theory and practice of Jungian analysis, with specific reference to the differentiation of archetypal dimensions from personal dimensions within clinical work. The starting point for this will be a close look at Jung's own practice with clients and specifically with Christiana Morgan, whose active imaginations were utilised in Jung's Visions Seminars. Jung's way of working will be put into tension with his own concept of the Transcendent Function. The long-term influence of Jung's approach will be examined within the context of post-Jungian theory and practice.

Reading:

Jung, C. G., *Visions: Notes of the Seminar Given in 1930-1934*, Princeton, NJ: Princeton University Press (1997), pp. ix-xxxiii

Cohen, B., 'Dr. Jung and His Patients', *Jung Journal* 9/2 (2015): pp. 34-49

Williams, M., 'The Indivisibility of the Personal and Collective Unconscious', *Journal of Analytical Psychology* 8/1 (1963) pp. 45-50

16 Reading Seminar: Jung: *The Development of Personality* CW 17

Subjects covered: Fundamentals, Individuation, Cultural Aspects of Analytical Psychology

The aim of this seminar is to provide a close reading of a key text of Jung, in which he discusses the concept of Personality. Delivered originally as a lecture in Vienna in 1932, at the time of the rise of Fascism in Europe, it explores the fundamental basis of individual identity. Jung was aware of the growing interest in the study of personality in the fields of psychology and education, particularly in the United States. Jung's own work of 1920, *Psychological Types*, was a major contribution to the field, to which both Freud and Adler had added their contrasting input.

Jung's particular approach is founded on his theoretical understanding of the relationship of consciousness to the unconscious, with its archetypal base. His key insight, parallel with his theory of individuation, is that true personality stems from the personal experience of vocation.

Reading:

Jung, C.G., *Collected Works*, Vol.17, *The Development of Personality*, §§ 284-323

17 Brene Brown

Subjects covered: Fundamentals (Shadow), Psychology and Religion, Individuation, Other Contemporary & Psychoanalytical Theory and Therapies

This seminar will provide a brief introduction to the work of Brene Brown, who is a psychological researcher, storyteller and teacher from Houston, USA. Shame, Vulnerability, Resilience, and Daring Greatly are themes in her work. She is also interested in spirituality and ethics, including encouraging people in business and leadership to be aware of their behaviour and relationships.

Her ideas are very complimentary to Jungian thought and useful when working with people who want to develop their consciousness, emotional intelligence and relationships.

Reading List:

You Tube: TED talks: Brene Brown 'The Power of Vulnerability' & 'Listening to Shame'

Brown, B., *Daring Greatly*, New York: Penguin Putnam Inc (2012)

Brown, B., *I Thought it was Just Me, (but it isn't)*, New York: Gotham Books (2008)

Brown, B., *Dare to Lead*, London: Vermilion (2018)

Brown, B., *The Gifts of Imperfection*, Center City MN: Hazelden Publishing (2010)

18 Psyche and Society

Subjects covered: Fundamentals, Individuation, Alchemy

With the concept of the collective unconscious, C.G. Jung recognized the deep link between psyche and society. Both share the same root: that of the archetypes. As the German philosopher, Theodor Adorno states in his book, *Soziologische Schriften*, to see society and the psyche as two separate entities means to have a paranoid view. The aim of these seminars is to analyse how, through the archetypes, psyche and society are united. The question of the nature of the psyche will also be addressed: does it have an ontological foundation or it is a cultural product, or both? Finally, the relationship between the archetypes and the concept of the soul, together with their link to culture, will be investigated.

Reading:

Jung, C.G., *Collected Works*, Vol. 9i, *The Archetypes and the Collective Unconscious*, §§ 1-72

Adorno, T., *Soziologische Schriften*, 1 (The first three essays), Frankfurt: Suhrkamp Verlag (1972). If the English version does not exist, it can be skipped, but it may be possible to find an English version in university libraries.

Gambini, R., *Soul & Culture*, Texas: A&M University Press (2003) pp. xi-xiv and pp. 2-36

BIOGRAPHIES 2019-2020

All speakers are members of **IGAP** unless introduced below:

Katerina Sarafidou is the Jungian Director of the MSc Psychodynamics of Human Development, which is run collaboratively by Birkbeck College and the British Psychotherapy Foundation. She is currently carrying out academic research at King's College London on Jungian theory, German aesthetics and subjectivity. She lectures at both Birkbeck and King's College and her current research project is on Kant and his notion of the unity of consciousness and transcendental freedom. In 2016, alongside two senior Jungian analysts, she helped establish The Circle of Analytical Psychology, which offers a 2-year course of study to Jungian analysts on Jung's *Liber Novus*.

Stephen Silver has been interested in practical philosophy for over forty years and is a great lover of *The Bhagavad Gītā*. Before retirement he worked in IT Project Management, mainly in the public sector. He leads Practical Philosophy Berkshire, a branch of the Fellowship of the School of Economic Science. Practical Philosophy is the exploration of knowledge, wisdom and ideas that can be used to make sense of the world. It is about discovering the truth of things – not in theory, but in one's own experience.

THE INDEPENDENT GROUP OF ANALYTICAL PSYCHOLOGISTS

MEMBERS

Francesca Ahmed

Michael Anderton

Janet Atkins

Jane Bacon PhD

Penny Boisset

Cristina Boseman

Helen Brammer-Savlov

Cécile Buckenmeyer

Catherine Bygott

Philippa Campbell

Aileen Campbell Nye

Maureen Cantwell

Olivia del Castillo

Eva Chadwick

Irene Cioffi Whitfield PhD

David Clemens

Lynn Cook

John Costello

Johanna David

Julian David

Joyce Davis

Helen Drucquer

Dr. Alex Esterhuyzen

Josephine Evetts-Secker

Jim Fitzgerald

David Freeman

Helen Freeman

Linda Freeman

Sybil Fuller

Robby Ginsborg

Elizabeth Gordon

John Granrose PhD

Mariolina Graziosi

Sarah Halford PhD

Matthew Harwood LLB

Diane Zervas Hirst PhD

Hans van den Hooff PhD

Martin Hosken

Eve Jackson

Dr Spyros Karvounis

Gill Kind

Tia Kuchmy

Pedro Kujawski

Jacqueline Lane

Richard Lanham

Shelagh Layet

Robert Macdonald

Juliet Miller

Frances Milne

Bracha Newman

Penny Norris PhD

Ailish O'Driscoll

Chris Olson

Prof. Renos Papadopoulos

Dr Gloria Pepe

ffiona von Westhoven Perigrinor

Lene Rasmussen

Myfanwy Rees

Melanie Rein

Carmen Reynal

Mark Saban

Laurie Savlov

Kinko Sayama

Edna Shahaf

Ann Shearer

Patricia Skar

Maggie Stanway

Dr. Anthony Stevens DM, DPM

Dr. Brian Stevenson

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